

# Shasta Bike Challenge vs National Bike Challenge

## What is the Shasta Bike Challenge?

The Shasta Bike Challenge is a collaborative effort of the bicycling community to engage new, old, and current cyclist to ride as much as they can whether it is for transportation or just for fun! Participants are entered into a free drawing for great prizes each day they ride their bicycle to work, school, or wherever they may want to go! This year's 2017 Challenge is from May 1st to 31st. The more days participants ride, the more likely they will win a prize.

## What is the National Bike Challenge?

The National Bike Challenge is a nationwide event uniting thousands of current bicyclists—and encouraging countless new riders. It is a free and easy way to challenge yourself, your colleagues and your community to ride more while competing on a local, state and national level.

## Shasta Bike Challenge and National Bike Challenge

For our local challenge, we use the National Bike Challenge platform to log and track our rides. Under the National Bike Challenge, we are able to create our own “Advocacy Challenge” where anyone who lives in Shasta County is automatically placed in our local Shasta Bike Challenge. This allows us not only to compete locally against other workplaces, schools, and teams, but against the State and at the National level.

## How does the scoring work?

- You score 20 points each day you ride and 1 point for every mile ridden
- **All outdoor rides count:** commuting, errands, mountain biking, road biking, family rides, etc. **Note: INDOOR RIDES DO NOT COUNT. Don't Cheat Yourself.**
- All data is input in the National Bike Challenge via Strava
  - Manually via web portal or smartphone app
  - Uploaded from gps device

