

Chef at the Market

A free cooking demo and
tasting event using fresh
ingredients from the market.
9:30 to 11am, at the
Redding Farmers' Market
777 Cypress Ave.
behind City Hall.

EBT

Gladly accepted
at all markets!

June 4

Keith Kakiuchi
808 Bistro & Catering Co.

June 11

Benita Moore
Aunt Bee's Kitchen

June 18

Hannah McCallum
Crepetivity

June 25

James Leedy
Shasta Unified School District

July 2

Benita Moore
Aunt Bee's Kitchen

July 9

TBA

July 16

Adrian Ortiz
Clearie's Restaurant & Lounge

July 23

Roque Carbajal
Sweetie's Café & Catering

July 30

Wes Matthews
Market Street Steakhouse

Aug 6

Keith Kakiuchi
808 Bistro & Catering Co.

Aug 13

Pam Buono
Chef Pam's Bella Cucina

Aug 20

Guenn Johnsen-Gentry
Clementine Cooks

Aug 27

Roque Carbajal
Sweetie's Café & Catering

Sept 3

James Leedy
Shasta Unified School District

Sept 10

Wes Matthews
Market Street Steakhouse

Sept 17

Cook Off!

HEALTHY
SHASTA

Better choices. Healthy changes.



TURTLE BAY
EXPLORATION PARK.
Wonder-Full

Shasta Growers
SGA
Association

Visit healthyshasta.org or call 229.8428 for more information.
Farmers Market operated by Shasta Growers Association.