

Local Food Guide

Shasta County
and
Surrounding Areas

Please note:

This guide is a work in progress.
If you have suggestions or would like to be
included please contact Melinda at Healthy
Shasta, 225-5351 or mshaffer@co.shasta.ca.us.
Thanks!



Retail Stores for Locally Produced Foods

SHASTA COUNTY

Cottonwood

Holiday Quality Foods

20635 Gas Point Road
Cottonwood, CA
530-347-3014
<http://shophqf.com/index.html>

Palo Cedro

Holiday Quality Foods

9350 Deschutes Road
Palo Cedro, CA
530-547-4483
<http://shophqf.com/index.html>
Local products: produce
(seasonal), honey, almonds

Redding

Country Organics Marketplace

915 Merchant Street #5
Redding, CA (one block west of
Churn Creek Post Office)
530-223-6830
<http://www.countryorganics.net/>
Local products: produce, olive oil,
beef, bread, soap

Holiday Quality Foods

2455 Hartnell Avenue
Redding, CA
530-222-3335
<http://shophqf.com/index.html>
Local products: Lazy 69 eggs &
beef, almonds, honey, bakery
items

Holiday Quality Foods

3315 Placer Street
Redding, CA
530-242-0477
<http://shophqf.com/index.html>
Local products: Lazy 69 eggs &
beef, almonds, honey, bakery
items

Kent's Meats & Groceries

8080 Airport Road
Redding, CA
530-365-4322
<http://kentsmeats.com/>
Local products: beef, pork ; they
make their own sausage, hot
dogs, ham

Moore's Flour Mill

1605 Shasta Street
Redding, CA
530-241-9245
Local products: bread, rice, honey,
syrops and jams; they buy
California wheat and corn when
possible

Orchard Nutrition Center

221 Locust Street
Redding, CA
530-244-9141
<http://www.orchardnutrition.com/>
Local products: olive oils in bulk,
eggs and meat

SISKIYOU COUNTY

Dunsmuir

Saturday, June – Sept
9:30 am–12:30 pm
Dunsmuir Avenue & Spruce Street
Dunsmuir

Etna

Friday, June – Oct
9:30 am–12:30 pm
Dotty's Restaurant Parking Lot
404 N. Highway 3, Etna

Fort Jones

Wednesday, July – Oct, 5:30 pm
Big Ball Park Parking Lot
Hwy 3, Fort Jones

McCloud

Saturday, June – Oct
11 am –3 pm
McCloud General Store Parking Lot
Minnesota & Broadway, McCloud

Montague

Saturday, June – Oct
9 am–noon
Railroad Park, Montague

Mount Shasta

Monday, June – mid-Oct
3:30–6 pm
411 N. Mount Shasta Blvd
(near Castle Street), Mt. Shasta

Thursday, July – Sept
3:30–6pm (if enough produce)
411 N. Mount Shasta Blvd
(near Castle Street), Mt. Shasta

Yreka

Yreka Farmers Market
Wednesday, June – mid-Oct
11 am–2 pm
Yreka Outlands
1409 South Main Street, Yreka

Miner Street Market
Friday, June – Oct
3:30–6 pm
300 Block of West Miner Street,
Yreka

TEHAMA COUNTY

Red Bluff

Saturday, June 1 – Sept 28
7:30 am–noon
Red Bluff City Park
100 Main Street, Red Bluff

Wednesday, June 19 – Sept 11
5–8pm
Tehama County Courthouse
Washington and Pine, Red Bluff

TRINITY COUNTY

Hayfork

Friday, May – Oct, 4–7 pm
Main Street & Hwy 299, Hayfork

Tuesday, July – Sept, 10–noon
Main Street & Hwy 299

Weaverville

Wednesday, May – Oct, 4–7 pm
Highland Art Center Meadow
691 Main Street, Weaverville

Farmer's Markets (2013 Schedule)

SHASTA COUNTY

Anderson

Anderson Market
Year Round – Rain or Shine
Thursday, 7:30 am–1 pm
Shasta Outlets Parking Lot,
1699 Hwy 273, Anderson
EBT Gladly Accepted

Burney

Wednesday, July 10 – Oct 2
3–6 pm
Angelina's Restaurant Parking
Lot, 37143 Main Street, Burney
EBT Gladly Accepted

Redding

Marilyn Miller Market
Tuesday, June 11 – Oct 15
7:30 am–noon
Shasta Center Parking Lot
1700 Churn Creek Road, Redding
EBT Gladly Accepted

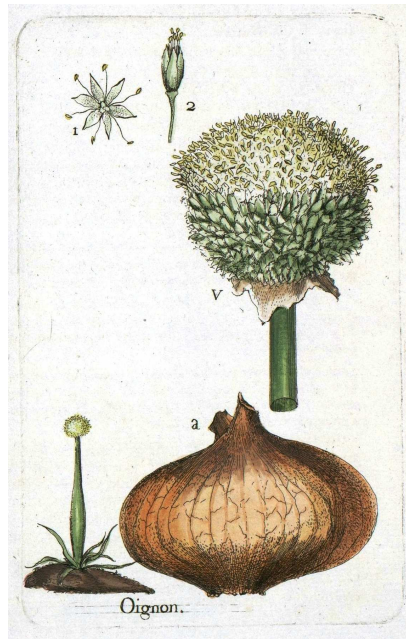
Market Street Fair
Thursday, June 6–Aug 1
(no market July 4)
Market Street Promenade
Tehama St to Yuba St Plaza
EBT Gladly Accepted

Redding Market
Saturday, April 6 – Dec 21
7:30 am–noon
Redding City Hall Parking Lot,
777 Cypress Avenue, Redding
EBT Gladly Accepted

Turtle Bay Market
Sunday, June 16 – Oct 20
8 am–noon
Sundial Bridge Parking Lot,
opposite 844 Sundial Bridge
Drive, Redding
EBT Gladly Accepted

Shasta Lake

Friday Night at the Park Market
Friday, June 7 – Aug 9
6–8:30 pm
Clair Engle Park, 1525 Median
Avenue, Shasta Lake



Top's Fresh Market

3685 Eureka Way
Redding, CA
530-241-1391
<http://www.topsmkt.com/>
Local products: produce
(seasonal), pesto, mustard, salsa,
bread

SISKIYOU COUNTY

Mount Shasta

Berryvale Natural Foods
305 South Mount Shasta Blvd
Mount Shasta, CA
530-926-1576
<http://www.berryvale.com/>

Mount Shasta Market

112 East Alma Street
Mount Shasta, CA
530-926-2212
Local products: beef, olive oil,
wine, bread, sausage

Yreka

Nature's Kitchen

412 South Main Street
Yreka, CA
530-842-1136
<http://natureskitchen.org/>
Local products: bread, eggs,
honey, dried herbs

Ray's Sentry Market

121 Montague Road
Yreka, CA 96097
530-842-3314
Local products: eggs, milk, wine

TRINITY COUNTY

Weaverville

Mountain Marketplace

Natural Foods

222 Main Street
Weaverville, CA
530-623-2656
Local products: Trinity Alps
honey, herbs; eggs & meat when
available

Top's Super Foods

1665 Main Street
Weaverville, CA 96093
530-623-2494
<http://www.topsmkt.com/>
Local products: eggs, wine



Community Supported Agriculture (CSA)

Churn Creek Meadow Organic Farm

Churn Creek Bottom, Redding, CA 530-949-9508
<http://ccmof.com/>

Year-round CSA – Organic produce delivered fresh to your door.

Springfed Organic Farm and Nursery

Cottonwood, CA 530-721-0164 or springfedfarm@yahoo.com
<http://twiningtreefarm.wordpress.com/csa/>

Winter CSA (Jan–Apr) delivered weekly to Redding. Organic greens, herbs, root veggies, etc., plus local eco-farmed nuts and fruits.

Siskiyou Sustainable Cooperative

Jacksonville, OR 541-899-9668 or maud@siskiyoucoop.com
<http://www.siskiyoucoop.com/>

Summer CSA – Collective of nine organic vegetable farmers located in the Applegate Valley of southern Oregon. Drop sites in Yreka, Weed and Mt. Shasta.

Local Producers

Dairy

North Valley Farms Chevre

Cottonwood, CA
530-347-7151 or dash-craft@northvalleyfarms.com
Goat cheese

Pedrozo Dairy and Cheese Co

Orland, CA
530-514-3837
<http://www.realfarmsteadcheese.com/>
Variety of cheeses

Honey

Coat's Apiaries

Anderson, CA
530-357-2713

Mincer Apiaries

Redding, CA
530-221-1816

Mowat Apiaries

Weed, CA
530-938-9642

Wooten's Golden Queens / Shasta County Honey

Palo Cedro, California
orders@shastacountyhoney.com
www.shastacountyhoney.com/
Star thistle honey – 1#, 5#, 60#
containers and honey sticks

Farm Trails

Country Farm Trail

Farm trail featuring Bella Vista and Palo Cedro farms
<http://www.countryfarmtrail.com/>

Happy Valley Farm Trail

Farm trail featuring Happy Valley and Anderson farms
<http://www.happyvalleyfarmtrail.com/>

Sierra Oro Farm Trail

Farm trail featuring Butte County farms and wineries
<http://www.sierraoro.org/>
530-891-5556

Tehama Trail

Farm trail featuring Tehama County wineries, olive oils, produce
<http://tehamatrail.com/>



Miscellaneous

Bianchi Orchards

Los Molinos, CA
530-527-9157
<http://www.bianchiorchards.com/Walnuts>

Happy Valley Fresh Fruit Company

Happy Valley, CA
530-941-7072
<http://happyvalleyfresh.com>
Distributes local fresh fruit grown in the far northern Sacramento Valley

Inter Mountain Horseradish

Burney, CA
530-335-5156
Fall River Mills, CA
530-336-5795
Available online at http://www.hatcreekgrown.com/local_pro.htm

Mt. Shasta Lavender Farms

9706 Harry Cash Road
Montague, CA
530-926-2651
www.mtshastalavenderfarms.com
Lavender products
Available online and seasonally at the farm

Osker's Marinade & BBQ Sauce

Osker's Original, Hot Cajun, and Spicy Garlic
Available online at
http://www.hatcreekgrown.com/local_pro.htm

Ripe from the Farm

Mount Shasta, CA
530-926-1436
Salsa and zucchini relish produced as part of a job skills program; program involves total production from garden through food prep through marketing
Available at the Mount Shasta and Yreka farmers markets and Mount Shasta Market

Strawhouse Coffee

Junction City, CA
866-902-3267
Locally roasted organic coffee (coffee beans from around the world, roasted in Trinity County)
Available at Country Organics Marketplace and Kaleidoscope Coffee shop in Anderson

Tuscan Heights Lavender Gardens

12757 Fern Road East
Whitmore, CA
530-472-3066
<http://tuscanheights.com/>
Lavender products (soaps, oils, etc), herbs, edible flowers
Available online and seasonally at the gardens

Wilda's Mustard

530-244-5970 or
wildasmustard@gmail.com
<http://wildasmustard.com/>
(under construction as of 7-5-12)
Mustard

Eggs

Chris's Egg Farm

Corning, CA
530-824-5211

Happy Chick Farm

Orland, CA
530-865-7203

Lazy 69 Ranch

Round Mountain, CA
530-355-3451
<http://www.lazy69ranch.com/poultry.html>

Free range organic eggs
Available in Redding at Holiday Quality Foods (Placer Street), Orchard Nutrition Center, Tops Fresh Market, Kent's Meat & Groceries; in Palo Cedro at Holiday Quality Foods; and in Weaverville at Tops Super Foods

Pearl's Egg Hatchery

Anderson, CA
530-365-3644
Eggs (March-Oct)

Rockin M Ranch

Shingletown, CA
530-474-3955
Eggs, veggies – stand on Camino Vista on Sat and Sun

Meat

Hat Creek Grown

Hat Creek, CA
530-335-7016
<http://www.hatcreekgrown.com/>
Grass fed and finished beef
Available online at
<http://www.hatcreekgrown.com/orderonline.html>

Lazy 69 Ranch

Round Mountain, CA
530-355-3451
Grass fed and finished beef
Available at Orchard Nutrition and online at
<http://www.lazy69ranch.com/order.html>

Llano Seco

Chico, CA
530-342-0839
Organic pork products; organic ham available twice a year for Easter and Christmas
Available at Kent's Meats and Holiday Quality Foods or online at
<http://www.llanoseco.com/>

Prather Ranch

Macdoel, CA
530-398-4182
<http://www.pratherranch.com/>
Natural beef, organic beef
Available at Kent's Meats
Check website for other outlets

The Foragers

Online farmer's market with local pickup once a month (no shipping)
Email info@theforagers.com
Grass-fed, pasture raised meats (beef, lamb, pork, chicken), olive oils, grains, raw cheese and more
Available at
<http://www.theforagers.com>

Eidman Family Farm

Red Bluff, CA
530-528-0568
Pasture raised beef, chicken and lamb
Available online at <https://www.eidmanfamilyfarm.com/catalog/1> or email
info@discoverearth.us

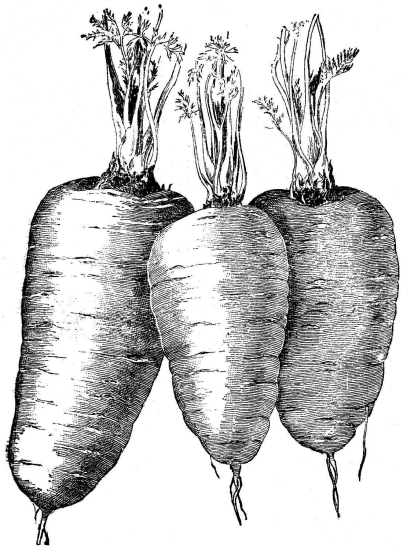
Meat (continued)

Four Eagles Farm

Montague, CA
530-459-3707
Bison and lamb
Email foureaglesfarm@yahoo.com

Scott River Ranch

Etna, CA
530-467-4006
<http://www.scottriverranch.com/>
Organic grass fed beef
Available at Berryvale Natural Foods in Mount Shasta and online at
<http://www.scottriverranch.com/ourbeef/shop.html>



Olive Oil

Happy Valley Olive Oil Company

Happy Valley, CA
530-246-4104
Olive oil, processed olives
Available at Redding Saturday Farmers Market, Orchard Nutrition (in bulk), and Holiday Market

Olinda Ridge Olive Company

<http://www.olindaridge.com/>
Extra virgin olive oil, vinegar, olives
Available online at
www.boutique.oliveoilsource.com/browse/for-the-palate/497

Pacific Sun Gourmet

Gerber, CA
530-385-1475
Olive oil
Available at Orchard Nutrition Center and online at <http://store.pacificsunoliveoil.com/>

West Coast Products DeCamilla Orchard

Orland, CA
530-865-3379
Olives and olive oil
Available online at
www.westcoastproducts.net

Fruits and Vegetables

Chaffin Family Orchard

Oroville, CA
530-533-8239
www.chaffinfamilyorchards.com/
Meats, olive oil, fruit – tours and recipes available

Fresco Farms

Shingletown, CA
530-474-5303
Vegetables, garden planning

Happy Valley Organics

Anderson, CA
530-357-3810
Free range chicken, fruit and vegetable – call for an appointment

Hawes Farms

Anderson, CA
530-365-8488
<http://historichawesfarms.com/>
Pumpkin patch, gourds, squash

Julia's Fruit Stand

Los Molinos, CA
530-528-8754
Pumpkin patch, gourds, apples and other fruit, vegetables

Kitchel Family Organics

Los Molinos, CA
530-385-1966
Fruit, vegetables, herbs and nuts – tours available

Nash Ranch

Redding, CA
530-949-8720
<http://nashranch.com/>
Pumpkin patch, gourds, winter squash, sweet pumpkins

Tri-L Mandarin Farm

Oroville, CA
530-354-4316
<http://www.mandarins4you.com/Mandarins>

Wegoman's Farm

16971 Palm Avenue
Anderson, CA
530-357-3477
Fruit and vegetable stand (honor system)

Wild Rice

Fall River Wild Rice

Fall River Mills, CA
530-336-5222
<http://www.frwr.com/>
Wild rice and wild rice flour
Available at Moore's Flour Mill, Orchard Nutrition Center, and Enterprise Health Foods and online at <http://www.frwr.com/store/>

Goose Valley Ranch

Burney, CA
617-914-0126
<http://www.goosevalley.com/>
Wild rice, organic wild rice, brown & wild rice blend

Lundberg Farms

Richvale, CA
530-882-4551
<http://www.lundberg.com/>
Rice, rice cakes, pasta, flour, syrup, couscous, risottos

Massa Organics

Hamilton City, CA
<http://www.massaorganics.com/index.html>
Rice, almonds, flour