

Coalition Members :

- Anderson-Cottonwood Christian Assistance (ACCA)
- Bethel Church
- Bread of Life
- Community Members
- Fall River Mills Food Pantry
- Good News Rescue Mission
- Igo/Ono Community Church
- Martin Luther King, Jr. Center
- People of Progress
- Shasta College / housing/dorms
- Shasta County Public Health
- Shasta County Social Services
- Shasta Senior Nutrition Programs
- Shasta Lake Community Food Pantry
- Shingletown Grass Roots For Kids/ Emergency Food Closet
- The Salvation Army
- Tri-County Community Network/ Intermountain Region
- Twin View Church
- University of California Cooperative Extension
- Valley Christian Fellowship
- WIC-Women, Infants, and children Supplemental Nutrition Program



Shasta Food Group
United to End Hunger

You CAN make a
Difference.
Call today to find out how
you can support
Shasta Food Group
530-229-8481

Get involved !



For Families
Right Here In
Shasta County!

Who is the Shasta Food Group?

The Shasta Food Group is a coalition of local food banks, food assistance providers, community members, and health and nutrition educators.

The Shasta Food Group is working toward ensuring that all people in Shasta County have access to enough *nutritious* food to eat every day through education, funding and assessment, as well as policy and environmental changes.

In Shasta County;

At least 25% of the children live in poverty



How can you help the working families in need?



Donate **HEALTHY** food items to your local food banks!

Such as:

1. Whole Grain, Low Sugar Cereals (i.e. Wheaties, Cheerios)
2. Canned Meats (packed in water)
3. Canned (100%) Fruit Juices
4. Low-Salt Canned or Dry Soups
5. Beans/ Chili
6. Canned Spaghetti Sauce
7. Low-Salt Canned Vegetables
8. Canned Fruits (packed in own juice)
9. Fresh Fruits and Vegetables
10. Brown Rice/ Whole Grain Pasta
11. Peanut Butter
12. Lean Meats, Poultry and Fish
13. Low-Fat Cheese/ Non-Fat Dry Milk

Cash donations & Volunteers are always welcome



Shasta Food Group's Summer Food Drive

Contact Information

Shasta Food Group 530-229-8481
2650 Breslauer Way
Redding 96001
Email darias@co.shasta.ca.us

Board Members

Marilyn Hanna
Deborah Arias
Harold Johnson
Lynn Dorman
Jan Blood



Shasta Food Group

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