

USDA COMMODITIES

Food is available for low or no income people at these locations in Shasta County, provided by USDA Commodities.

Proof of address (prefer utility bill) and proof of income required. Call 226-3071.

- Anderson-9 am to 10 am 2nd Friday of each month; location: Anderson River Park.
- Burney-10:30 am to noon 3rd Friday of every month; location: Veteran's Hall.
- Cottonwood-9 am to 10 am 1st Friday of the month; location: Cottonwood Comm. Ctr.
- Happy Valley-9 am to 10:30 am 2nd Thursday of the month; location: Happy Valley Community Center.
- Lakehead-9 am to 10 am 1st Thursday of every month; location: Lakehead Fire Hall.
 - Redding Convention Center-9 am to 10 am. Call 226-3071 for date of distribution.
- Round Mountain-10 am to noon 3rd Friday of every other month; location: Round Mountain Community Center.
- Shasta Lake City-9 am to 10 am 2nd Tuesday of the month; location: First Baptist Church
- Shingletown-9:30 am to 10:30 am 2nd Monday of the month; location: Shingletown Fire Department.

Alternative Commodities Distribution site

For those unable to make it to distributions earlier in the month

Shasta Senior Nutrition Program

100 Mercy Oaks Dr., Redding 226-3071

- Last Wednesday of every month, 5:30 to 6:00 pm.

SHASTA COUNTY HEALTH & HUMAN SERVICES AGENCY HHSA)

WIC (Women, Infants and Children Program)

2615 Breslauer Way, Cottage 5, Redding
Phone: 225-5168

Many locations throughout Shasta County, please call for the location that is near you.

WIC cont...

- Noon appointments available Monday through Thursday.

WIC provides nutrition counseling and food checks for:

- Middle & Low income women who are pregnant, breastfeeding or have recently had a baby.
- Infants and children less than 5 years old.
- Burney office is open on Thursdays 8 am -Noon & 1pm -5pm 37902 Main Street 335-6704

FOOD STAMPS

Call 225-5777 for recorded information.

Eligibility is much broader for food stamps. You can receive food stamps even if you are working.

- Sign up at Shasta County Dept. of Social Services at 2460 Breslauer Way, Redding or 36911 Hwy 299 East, Burney
- Applications assistance available at Regional Offices. Call 229-8486 for more information

MEALS

GOOD NEWS RESCUE MISSION

3075 Veda St., Redding 241-5754

- Breakfast - please arrive by 6:30 am.
- Lunch at Noon, M-Sat; Sunday lunch at 1 pm.
- Dinner at 5:30 pm.
- Everyone is welcome, whether they stay or not.
- Free shelter for men, women and children.

LIVING HOPE MINISTRIES

1043 State Street, Redding 243-8066

- Breakfast-8am-8:50am
- Hot lunches served Mon-Fri at noon.
- Sunday-Hot lunch served at 2 pm.

Valley Christian Fellowship

3180 Rancho Rd / 221-0107

- Served Sundays at Caldwell Park 12:30 to ?

SHASTA SENIOR NUTRITION PROGRAM

100 Mercy Oaks Dr., Redding 226-3071

- Seniors can contact Shasta Senior Nutrition Program for information about Meals on Wheels home delivery program or other low cost meal services in Shasta County.

SOLID ROCK FOUR SQUARE FOOD PANTRY

20343 Tamarack Ave. Burney, CA 96013
335-4300

- Soup Kitchen is on Wednesday from 4 pm to 6:30 pm.

TWIN VIEW CHURCH

621 Twin View Blvd /Redding/ 241-0551

Feed the Kids: (6-14 yrs)

- Wednesday (during service)

FOOD BANKS

ACORN COMMUNITY ENT.

@ Cedar Creek School

29771 Terry Mill Rd, Round Mountain

Call: 337-6736

- A family food box is available (2) times per year. Call for an appointment

ANDERSON COTTONWOOD

CHRISTIAN ASSISTANCE (ACCA)

2979 East Center St., Anderson 365-4220

- Emergency food – Tuesday and Friday, from 10 am to 2 pm.
- Clothing vouchers – Tuesday and Friday, from 10 am to 2 pm.
- Proof of address, picture ID required.
- After Hours 604-5503

THE FALL RIVER MILLS COMMUNITY FOOD PANTRY

43504 Hwy 299E, Fall River Mills

Call Peggy @336-5304, or Reggie

@336-5127

- Residents from Pit One Grade to Day Road.
- Family food bags available on request.

Shasta Lake Community Food Pantry

1501 McConnell Ave. Shasta Lake City

221-3167 Ray - **call first**...

- 2nd & last Friday of the month.
- 1:00 pm - 2:00 pm

GOOD NEWS RESCUE MISSION

3075 Veda Street, Redding 244-6810

- Food bank 8 am to 10 am on Fridays only.
- Bread everyday
- Furniture and clothing 7:30-4:30 M-F
- & 7:30-2:00 pm Sat

LIVING HOPE MINISTRIES

1043 State Street, Redding 243-8066

- Food pantry every Monday 9 am to noon.
- 1 time per family per month.
- ID required for dependents.

PEOPLE OF PROGRESS

1242 Center Street, Redding 243-3811

- Monday – Friday 10 am to 1 pm.
- Emergency assistance with food, clothing, rent, voice mail etc.
- Identification requested.

ST FRANCIS OF ASSISI CATHOLIC CHURCH/ St Vincent de Paul

37474 Juniper Ave., Burney

335-2372 – Main Church office (Message)

335-4741 – Leonard & Nancy Longacre or

THE SALVATION ARMY

2691 Larkspur Lane, Redding 222-2207

- Monday – Friday 9 am to 11:30 am.
- Emergency assistance with food, clothing and utilities-when funding is available.
- I.D. required on 1st visit.
- Must be at least 18 years old and a resident of Shasta County.
- Afternoons by Appointment

SHINGLETOWN GRASS ROOTS EMERGENCY FOOD PANTRY

Shingletown, 474-4220 Call for appointment

SHASTA SENIOR NUTRITION PROGRAM (NOT JUST FOR SENIORS)

100 Mercy Oaks Dr, Redding 226-3071

- Emergency food assistance- 1st & 3rd Fridays from 8:00 am to 9:00 am. Must provide picture ID Once a month
- Redding Residents only**

SOLID ROCK FOURSQUARE FOOD PANTRY

20343 Tamarack Ave. Burney, CA 96013

335-4300

- Pantry hours are 4 pm to 6 pm every Wednesday of the month.
- Any other time call for an appointment.

Tri County Community Network, Inc.

@ **Intermountain Community Center**

37477 Main St., Burney

335-4600

- Vouchers - Avail. after 1pm each day
- \$10 per family member with a \$50 maximum every 6 months. **Burney, Hat Creek, Johnson Park & Cassel area residents only.**

Valley Christian Fellowship

3180 Rancho Road/ Redding

Cindy @ 243-7479/ Call for Appt.

- Tuesday -9:30-12:00 Noon



Shasta County Emergency Food Banks & Assistance Programs

Revised 2/2010

This brochure courtesy of

SHASTA COUNTY PUBLIC HEALTH
2650 Breslauer Way
Redding, CA 96001
(530) 229-8481

