



Go Outside & Play

WINTER BINGO

Complete five (5) activities across, down, or diagonally. Cross them off and submit your completed card by March 4th for a \$25 gift card drawing. Submit your card to Healthy Shasta at 2660 Breslauer Way, to the Anderson or Redding Parks & Recreation office.

Name _____ Contact Number _____

	<p>Help make a vegetable soup</p>	<p>Go to a gym, play basketball, hockey</p>	<p>Read a book</p>	<p>Go walk a new trail</p>
<p>Eat </p>	<p>Visit Turtle Bay</p>	<p>Go bowling</p>	<p>Make a new game What will you call it?</p> <p>_____</p> <p>_____</p> <p>_____</p>	<p>Visit www.healthyshasta.org for fun activities</p>
<p>Do </p>	<p>W </p>		<p>Go on a bike ride</p>	<p>W </p>
<p>Go outside and play with your friends</p>	<p>W </p>	<p>Make a Valentine for a new friend</p>	<p>Play catch</p>	<p>Splash in a puddle</p>
<p>Write a story</p>	<p>Try </p>	<p>Create a new recipe Make it healthy!</p>	<p>Play in the mud</p>	<p>Eat a green apple</p>