

Discover a trail: John F. Reginato River Access Trail leads to fishing, boat ramp

By Arlene Kallis Special to the Record Searchlight

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The John F. Reginato River Access Trail is a hidden treasure of a trail. It follows the edge of the Sacramento River for three-quarters of a mile, shaded by beautiful old oaks and offers multiple access points for fishing, bird watching and photo shooting.

Joggers especially enjoy this trail in the summer because, as one young woman shouted as she ran by, "it's about 20 degrees cooler down here by the river!"

Early morning walker David Mast from the Enterprise Park area said he likes this trail because it's "quiet and scenic" and he likes to watch the birds and ducks.

In the evenings there are lots of families out with kids on bikes and who come over from nearby neighborhoods for an evening stroll. Picnic tables are available, as well as an ADA fishing platform with viewing benches overlooking the river.

River watching is a big part of any hiker's experience on this trail. You will see recreationists floating by, and waving from rafts, kayaks, canoes and fishing boats if they happen to catch a glimpse of you among the trees.

Ducks and geese are commonly seen along the river and songbirds are plentiful in the trees and shrubs. A boat ramp for non-motorized water craft is located at the beginning of the trail under the Bonnyview Bridge. Another launch for motorized boats is located a short distance away.

Formerly known as the South Bonnyview Boat Ramp, this public river access area was renovated in 2011 and renamed in honor of the late John F. Reginato, former general manager of the Shasta Cascade Wonderland Association from 1949 to 1990. An interpretive panel, by the parking lot near the restrooms, highlights the rich legacy left by John Reginato to outdoor enthusiasts in the North State.

John F. Reginato River Access Trail facts

Type of trail: Fishing access, hiking and biking.

Trail length: 0.75 miles one-way to end of trail at Nicolet Lane.

Terrain: Flat, natural dirt surface.

Restrooms: Yes.

Other amenities: Drinking water, canoe/kayak/raft launching ramp, ADA fishing platform, fishing and viewing access points, picnic tables.

Park area: About 1 mile long strip of natural area along the Sacramento River.

Dogs: Yes, on leash.

Location: Off South Bonnyview Road in Redding, just west of the Bonnyview bridge.

Access: Reginato River Access Trail can be accessed from South Bonnyview Road, turning onto Indianwood Drive at the park entrance. Coming from Interstate 5, take exit No. 675 (Bonnyview/Churn Creek) and turn west onto Bonnyview and then left onto Indianwod.

