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	Low or No Cost	Bella Vista	Cypress	Lassen View
School Meals				
Daily salad bar or fruit/vegetable bar				
Only white milk at breakfast				
Only white milk at lunch (most days)				
Increased scratch cooking				
Recess before lunch				
Second Chance Breakfast (grades 5-8)				
Snack cart at morning recess				
Taste testing in cafeteria				
Physical Education/Physical Activity				
PE tech or teacher				
SPARK curriculum and equipment				
Intramurals at lunch recess				
Running club				
Walking School Bus				
Physical activity breaks				
PE Circuit Room				
School Garden				
Produce to cafeteria for meals				
School day lessons in garden				
Afterschool garden work				
Nutrition Education				
Harvest of the Month				
Staff Wellness				
Water station in staff lounge				
Yoga/Zumba classes				
Changing the Culture				
Healthy school events				
Healthy classroom parties				
Healthy rewards and fundraising				
For more information, contact Principal:		Kellie Dunham 549-4415	Cindy Bishop 225-0040	Rick Fitzpatrick 224-4150

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