

# News for School Communities



## Physical Activity Calendars

### JANUARY

Click [NASPE's "Teacher Toolbox"](#) to enter and then "Calendar" to find them.

## Thought of the Day

Wishing you a Happy & Healthy 2014!



The Healthy Students Initiative would like to share grant opportunities, local events, and resources you can use in your school or home.



## FUNDING OPPORTUNITIES

\* **Together Counts** presents the [Find Your Balance Challenge](#) that rewards student teams for taking steps toward achieving Engery Balance in their own school communities. The challenge is open to elementary school grades K-5. Grand prize grant \$30,000, second place grant \$10,000, and third place grant \$5,000.  
**APPLICATIONS DUE: January 31, 2014**

\* [Captain Planet Grants](#) fund environment-based education in schools and programs that encourage youth and communities to participate in community service through environmental stewardship activities.  
**APPLICATIONS DUE: January 31, 2014**

\* [The Safeway Foundation](#) supports numerous youth development organizations as well as a broad range of after-school and physical education programs. Local grants are reviewed bi-annually. Grants between \$2,500 and \$10,000.  
**APPLICATIONS DUE: Ongoing**

*Does your family like to solve riddles? Join the monthly [hunt](#) for the "Go Outside and Play" and get to know some of Shasta Counties great trails and parks.*



## RESOURCES

- **Need fun physical activities for kids to do over winter?** [Mommy Poppins](#) shares 25 fun, easy, indoor activities to get your kids moving.
- **Produce for Kids** provides great information, snack, and meal [recipes](#) to share with your family.