

April 2012

Issue: 13



## Bicycling & Walking Updates

From the Shasta Cascade Bicycle Coalition & Healthy Shasta

Dear Melinda,

Spring is a great time to gear up to ride - and now is a great time to form your team for the Bike Commute Challenge and add some great events to your calendar!

### Join the Bike Commute Challenge May 13-19

Join the Bike Commute Challenge to be eligible to win great prizes, including a \$100 gift certificate to the bike shop of your choice! Each day that you ride a bike to work, school, or errands, you will be entered into the drawing. It's that simple!

#### Register Your Team by April 30th

Now is the time to register your worksite or school based team at [Team Registration Form](#). Teams that register by April 30th may be eligible for a Bike Commute Kit with commute maps, posters, chain lube, patch kits, and other items to help your team succeed! The top performing team will receive a bicycle rack and one employer will be named Bicycle Friendly Employer of the Year.

Participants can register as part of a team or as an individual. Learn more at [Bike Commute Challenge 2012](#) or call 229-8456.

### Celebrate National Bike to School Day At Your School

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#### Local Links

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[Northern California Outdoor Adventurers](#)

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## Free Helmets and Kits Offered to Local Schools

The First National Bike to School Day is Wednesday, May 9th! The Safe Routes to School program is offering a free training to school officials and parents that want to participate. Those who attend the training will receive free helmets and Bike to School Day Kits for their school. Helmet fitting, safety messages, and tips on how to coordinate the event will be covered at the training, which will be Thursday, April 19th, 5:30 - 7:30 pm, at Shasta County Public Health.

Register for the training and to get your school involved at [Shasta Bike To School Day](#). Call 245-6457 for more information.

## May is National Bike Month!

Enjoy valet bicycle parking and free tickets to the Rodeo Week pancake breakfast if you are one of the first 150 bicyclists to arrive wearing a helmet on May 18th, courtesy of the Shasta Wheelmen!

Join a bike train on Bike to School Day, May 9th.

Challenge yourself at an event sponsored by local clubs - including the Shasta Jamboree, Anderson Century or Whiskeytown Duathlon.

Shasta Cascade Bicycle Coalition is putting together a full calendar of events to encourage you to get out ride...learn more at [Bike Month 2012](#). If you have events you'd like added to the calendar email [Bike Month](#) or call 229-8243.

## Meet Charlie Gandy

Charlie Gandy will speak about the benefits of bikability (including economic development) and strategies for creating bikable communities during a workshop at City of Redding on Friday afternoon, April 27th.

Charlie Gandy worked with Long Beach, CA, as well as other communities, to improve bikability. He will be in Redding for the Whole Earth and Watershed Festival and Shasta Living Streets on April 28th.

Learn more at [About Charlie Gandy](#). Find out more about the April 27th workshop by calling 229-8243 or email [RSVP](#)

**Shasta Living Streets'  
Family Biking Day**  
April 28, 10am-3pm  
Park Marina Drive

[We Ski II](#)

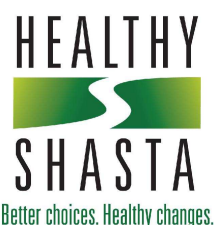
## Join the Shasta Cascade Bicycle Coalition!

April 12th meeting will be at 7 pm  
at Shasta Driving School  
(corner of Pine and California).

More info at: 547-3198

[Click Here to Email Us](#)

[Visit Our Meet Up Page](#)



Shasta Living Streets is an "open street" event that makes it fun and safe to bike and walk without worrying about vehicles on the road! The route along Park Marina is a great option for walking or bicycling to the [Whole Earth and Watershed Festival](#), taking place at the same time at City Hall. Enjoy zumba, kickball, juggling, music, games and more along the route. April 28th is also a free day on RABA with an additional shuttle between City Hall and Turtle Bay (walk or bike along Park Marina one way and take the bus back!).

Kids' Bike Rodeo: 10:00 am to noon

Learn more about Family Biking Day at [shastalivingstreets.org](http://shastalivingstreets.org)

Shasta Living Streets promotes active living and community interaction as people move freely and safely through neighborhood streets. This creates more livable communities for an economically viable and vital place to live, work and play.

Get involved by helping with planning, or the day of the event by calling 547-3198 or emailing [Anne](#).

## Trail User Survey

Do you enjoy the Sacramento River Trail or use the new extension up to Dana Drive? Please take this brief survey at [Trail User Survey](#). It asks about your trail use and will be used to plan connectivity for walkers and bicyclists.

If you are interesting in surveying trail users at the River Trail trailhead near Dana Drive and Hilltop, please call 229-8243 or email [Healthy Shasta](#). Volunteers are needed for 2 hour shifts through April 14th.

## Anderson Walking Survey Results

Results of the Anderson Walking Survey conducted in December and January are available at [Healthy Shasta](#). The results outline destinations that people would like to walk to, characteristics the respondents feel would improve walkability, and identified locations for pedestrian improvements. Findings indicate strong support for the priorities identified in Anderson's Draft Pedestrian Accessibility and Safety Master Plan.

## Funding for Biking Infrastructure

The deadline for Bicycle Transportation Account funding through Caltrans are due April 27th. These funds can be used to build bicycling infrastructure in line with a jurisdiction's bicycle plan. Visit [Caltrans Bicycle Transportation Website](#) for more information.

## Shasta Cascade Bicycle Coalition:

Next meeting is Thursday, April 12th at 7 pm

**Meeting Location:** Shasta Driving School, corner of Sacramento and Pine Street in downtown Redding

Shasta Cascade Bicycle Coalition meetings are free and open to everyone! If meetings are not your thing, get involved behind the scenes or simply sign up for email communications about upcoming activities and opportunities. Typically the meetings are the 2nd Thursday of the month at Shasta Driving School (1305 Sacramento Street, corner of Pine in Redding). Call 547-3198 for information.

## Shasta Cascade Bicycle Coalition & Healthy Shasta

[Healthy Shasta Website](#)

[Shasta Cascade Bicycle Coalition Website](#)

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