



PRESS RELEASE

City of Anderson

Date: January 29, 2010

City of Redding

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City of Shasta Lake

Free Workshop Offered on Keeping Kids Safe Walking to School

County of Shasta

REDDING – Safe Routes to School is sponsoring a free Walking School Bus workshop on Thursday, February 11, from 5:30 to 7:30 pm at the Family Literacy Center in the Enterprise Elementary School District office, 1155 Mistletoe Lane. A light dinner will be served. A walking school bus is a supervised group of children walking together to school. Typically the students meet at a park or church parking lot before walking to school.

First 5 Shasta

McConnell Foundation

Mercy Medical Center

The workshop will feature Genise Plessas, a parent volunteer and coordinator of the Walk to School program at Natomas Park Elementary School in Sacramento. She has successfully started walking school buses at her child’s school. We will brainstorm and discuss ways to implement walking school buses at Shasta County Schools and build a movement to encourage more kids to walk and bike to school.

Redding Rancheria

Redding School District

The goal of the Safe Routes to School Program is to make walking and biking to school safer, easier, and more convenient. “Walking and biking to school is a great way for children to get exercise before starting their school day, making them more prepared to learn and concentrate when they arrive at school. Walking and cycling also reduces the number of cars around the school area, making it safer for even more children to walk or bike,” said Sara Sundquist, Safe Routes to School Program Coordinator.

Shasta College

Shasta County Office of Education

Shasta Family YMCA

For more information or to register for the Safe Routes to School workshop, call Sara Sundquist at 245-6457 or <http://saferoutestoschool.eventbrite.com>

Shasta Head Start

Healthy Shasta is a partnership committed to making healthy eating and physical activity choices easier where you live, work and play. Visit www.healthyshasta.org for more information.

Simpson University

Turtle Bay Exploration Park

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University of California Cooperative Extension



Viva Downtown

Whiskeytown National Recreation Park