



Anderson Partnership for
Healthy Children/South
County HEAC

City of Anderson

City of Redding

City of Shasta Lake

County of Shasta

First 5 Shasta

Mercy Medical
Center

Redding Rancheria

Redding School
District

Shasta College

Shasta County Office
of Education

Shasta County RTPA

Shasta Family
YMCA

Shasta Head Start

Simpson University

The McConnell
Foundation

Turtle Bay Exploration
Park

University of California
Cooperative Extension

Viva Downtown

Whiskeytown
National
Recreation Area

Shasta County Schools to Celebrate Bike to School Day Event to encourage students to team up and take part in The Bike Challenge, May 3-18th

Date: April 15, 2014

Contact: Sara Sundquist, Safe Routes to School Coordinator, 245-6457

Thirteen Shasta County schools will join schools from around the nation to celebrate Bike to School Day on Wednesday, May 7. Participating schools include Anderson Heights, Anderson Middle, Cypress Elementary, Junction, Lassen View, Happy Valley Primary and Elementary, Oak Run, Academy of Personalized Learning, Redding School of the Arts, Shasta Lake, Turtle Bay, and Shasta Union Elementary.

Select schools will host bike safety days or bike safety rodeos throughout May and give away helmets and prizes to students who participate. Other schools will form "bike trains," which are supervised groups of students riding single-file to school. "We encourage students to ride in supervised groups, and to wear a helmet," says Sara Sundquist, Safe Routes to School Program Coordinator.

Schools are encouraged to organize a team and register for the 2014 Bike Commute Challenge. Participants will be entered into a free drawing each day they ride a bicycle to work, school, on errands and other destinations from May 3 to 18.

Team captains who register by April 21, with at least 5 team members, will receive a Team Captain Kit to help their school-based team succeed.

Bike to School events work to create safer routes for bicycling, and emphasize the importance of children getting physical activity, developing bicycling safety skills, and decreasing traffic congestion and air pollution around the school. The events also help to build connections between families, schools and the broader community.

Bike to School Day is organized by the Shasta County Safe Routes to School program, which works with schools in Shasta County to encourage and promote walking and biking to school. To assist with this event or the Safe Routes to School movement, contact Sundquist at 245-6457.

This event is one of many happening during National Bike Month in May. For a full calendar of events, visit www.healthyshasta.org

For additional information, please visit these Web sites:

International Walk to School in the USA
National Center for Safe Routes to School

www.walkbiketoschool.org
www.saferoutesinfo.org