



## Local restaurants now offering a Farmers' Market Menu

**Date:** June 21, 2010

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Karrie Isaacson, RD 245-6456

**Shasta County, CA** – Starting this month, Leatherby's Family Creamery and Angelo's Pizza Parlor will offer a Farmers' Market Menu. The items on the menu will be made from produce purchased from local farmers markets. It will change weekly based on what is in season and available at the market that week.

Some examples of what you might find on Leatherby's menu include fresh garden salads, grilled peaches topped with vanilla ice cream, and fresh salsa. Angelo's Pizza Parlor plans to offer a Farmers' Market Pizza topped with seasonal produce. This weeks special includes certified organic zucchini, sweet red onion, sliced tomato and feta cheese pizza.

"Incorporating fresh, local produce not only tastes great, but supports a healthy lifestyle, local farmers, and the local economy" said Melinda Shaffer, Healthy Shasta Nutritionist.

Leatherby's Farmers' Market Menu will also be available each Thursday night at Marketfest.

For more information, contact Melinda Shaffer at 225-5351 or Karrie Isaacson at 245-6456. For local farmers markets locations go to [www.healthyshasta.org](http://www.healthyshasta.org).

Anderson Partnership for  
Healthy Children/South  
County HEAC

City of Anderson

City of Redding

City of Shasta Lake

County of Shasta

First 5 Shasta

Mercy Medical  
Center

Redding Rancheria

Redding School District

Shasta College

Shasta County Office of  
Education

Shasta County RTPA

Shasta Family  
YMCA

Shasta Head Start

Simpson University

The McConnell  
Foundation

Turtle Bay Exploration  
Park

University of California  
Cooperative Extension

Viva Downtown

Whiskeytown National  
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