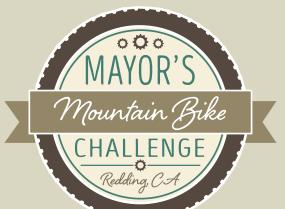
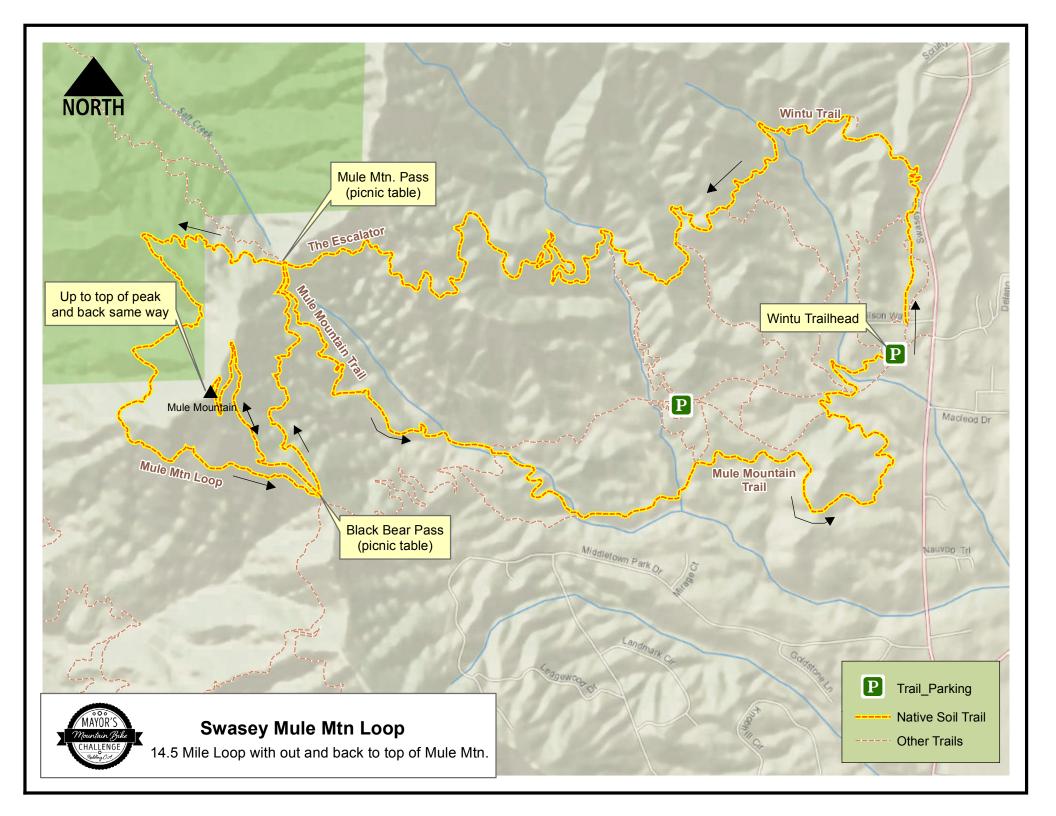


REDDING MAYOR'S RESIDENCE OF CHALLENGE 2017



ADVANCED



Swasey Recreation Area/Mule Mtn. Loop

Parking lot is in the Swasey Recreation Area off Swasey Drive

Swasey Recreation Area/Mule Mtn. Loop Strava https://www.strava.com/segments/13721654

- PM 0.0 Challenge trail starts at the north end of the Lower Swasey Parking Lot. Note that in a short distance the trail turns onto a gravel road.
- PM 0.1 the gravel road will fork...follow the directional signs and stay right.
- PM 0.3 the gravel road ends in clearing. A single track trail starts out of the north end of the clearing, proceed on this trail.
- PM 0.45 intersection with the Wintu Trail (note the signs). Stay right and follow the Wintu Trail up the hill to the north.
- PM 0.6 intersection with a short trail that takes you to Swasey Drive. Stay left on the Wintu Trail (might want a quick breather before a short, steep climb).
- PM 1.8 intersection with trail leading towards Meiner's Trail take a right up the hill on the trail towards Meiner's Trail (Wintu Trail continues to the left...don't go that way).
- PM 2.3 Creek Crossing at Meiners Trail the trail crosses a creek and then intersects with the Meiner's Trail. Take the Meiner's Trail up the hill (to the right).
- PM 2.4 Meiner's Trail Picnic Tables keep on the Meiner's Trail straight ahead.
- PM 2.65 Intersection with the trail up the Escalator take a right and head up the Escalator (Meiner's Trail continues to the left).
- PM 5.1 Top of the Escalator (note the picnic table) lot of choices here as this is the intersection of 5 trails. Take the second trail to the right (first to the right leads down into Whiskeytown Park) and head up the hill and around Mule Mountain.
- PM 5.6 top of the ridge nice views of Igo area, take a minute and keep going.
- PM 7.3 Black Bear Pass another picnic table and lots of trail choices. The first one to the left leads to Mule Mountain Summit...take this trail and start the climb.
- PM 7.95 top of the ridge note that there are some trails along the ridge, don't take these stay on the most heavily traveled trail leading to the Summit. Two more switchbacks and you are there.
- PM 8.35 top of Mule Mountain enjoy the 360 degree view, note the USFS monument in the rock on the east side of the Summit. Relax before some great decent...you have earned it!

PM 9.45 – back at Black Bear Pass. Take the first trail to the left and continue down the hill.

PM 10.4 back to the picnic table at the Top of the Escalator (and the Terminator) – take the first trail to right and continue downhill on the Terminator (also a portion of Mule Mountain Trail on BLM's maps, which leads all the way back to the parking lot)).

PM 11.7 – intersection of a few trails and a creek (headwaters of Olney Creek for you locals) – stay right at the first trail intersection, cross the creek, and stay left at the second trail intersection (Mule Mountain Trail on BLM maps).

PM 12.65 – intersection with a ditch trail– at the four way intersection just up a short climb past another creek crossing, take a right back into a ditch trail (Mule Mountain Trail).

PM 12.9 – 3 way trail intersection – stay right at the trail intersection (Mule Mountain Trail).

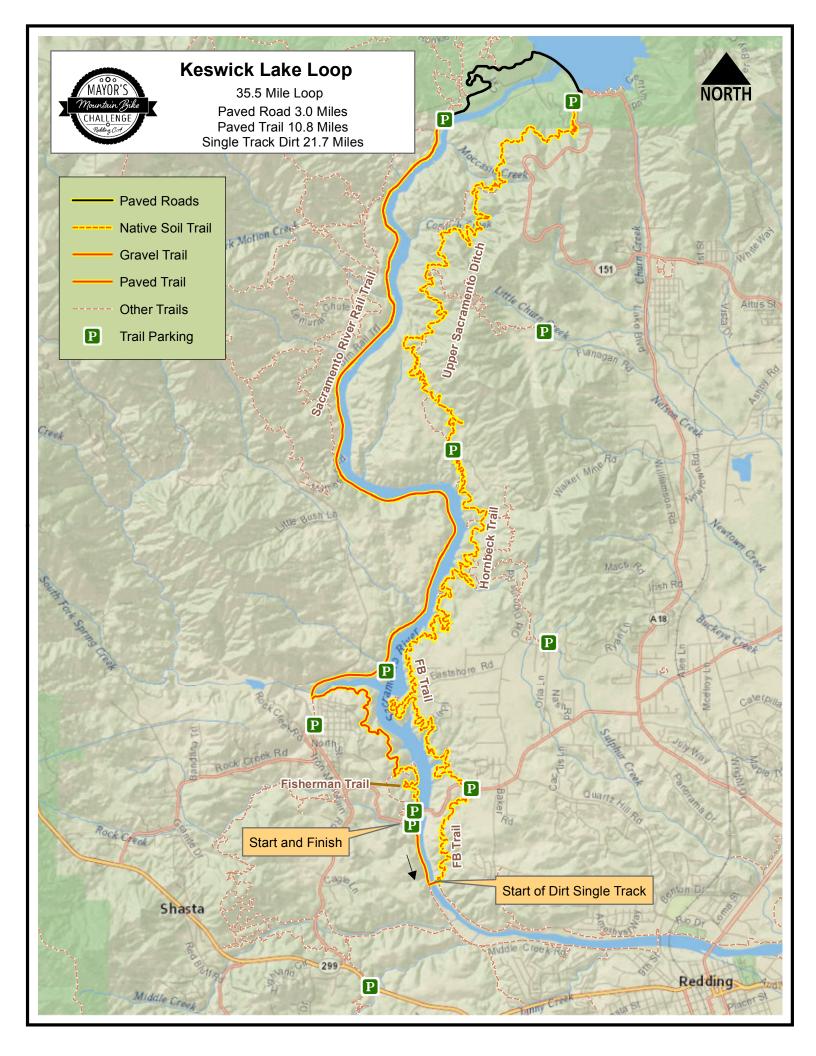
PM 13.05 – intersection with a dirt fire road – take a right onto the dirt road (Mule Mountain Trail).

PM 13.55 – the dirt fire road turns into a single track trail – continue on the trail, soon this will turn into a ditch trail (Mule Mountain Trail).

PM 13.95 – another small creek crossing (just before Delano Drive) – cross the creek, stay right at the trail intersection and again stay right into another ditch trail before you get to Delano Drive

PM 14.1 – trail intersection with Delano Drive – cross Delano Drive and stay in the ditch trail (Mule Mountain Trail) – the end is nearly in sight.

PM 14.5 – Lower Swasey Parking Lot – mission accomplished, well done!

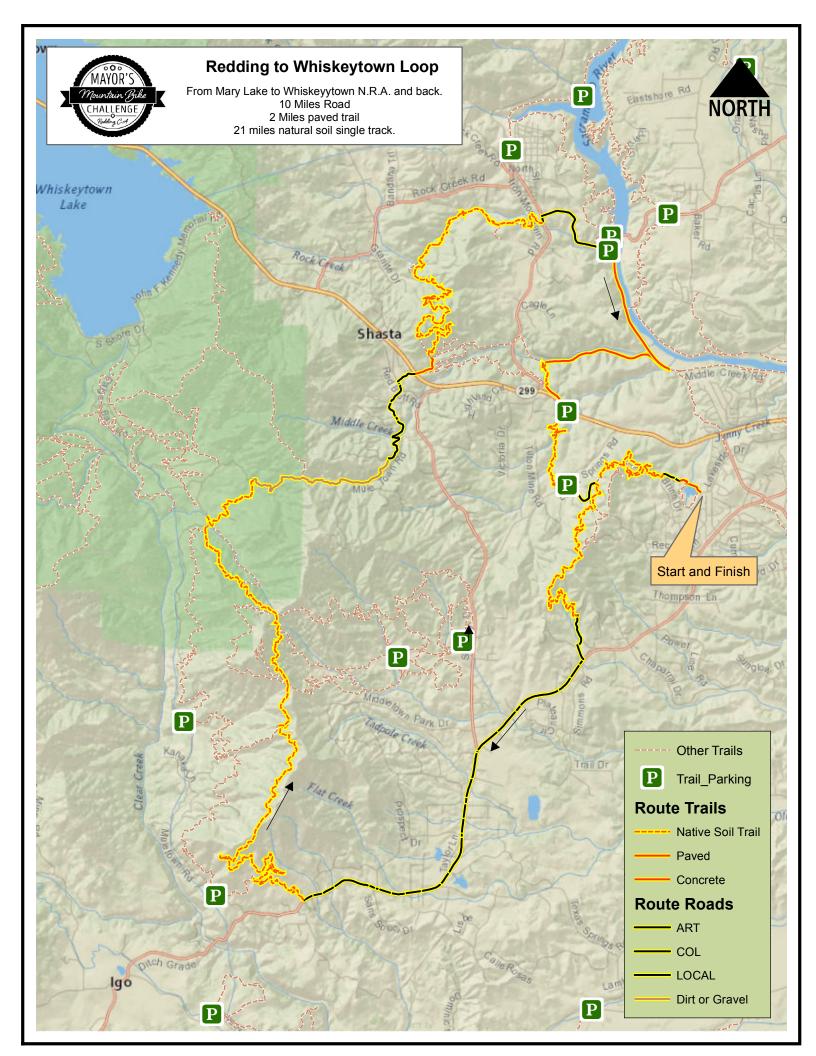


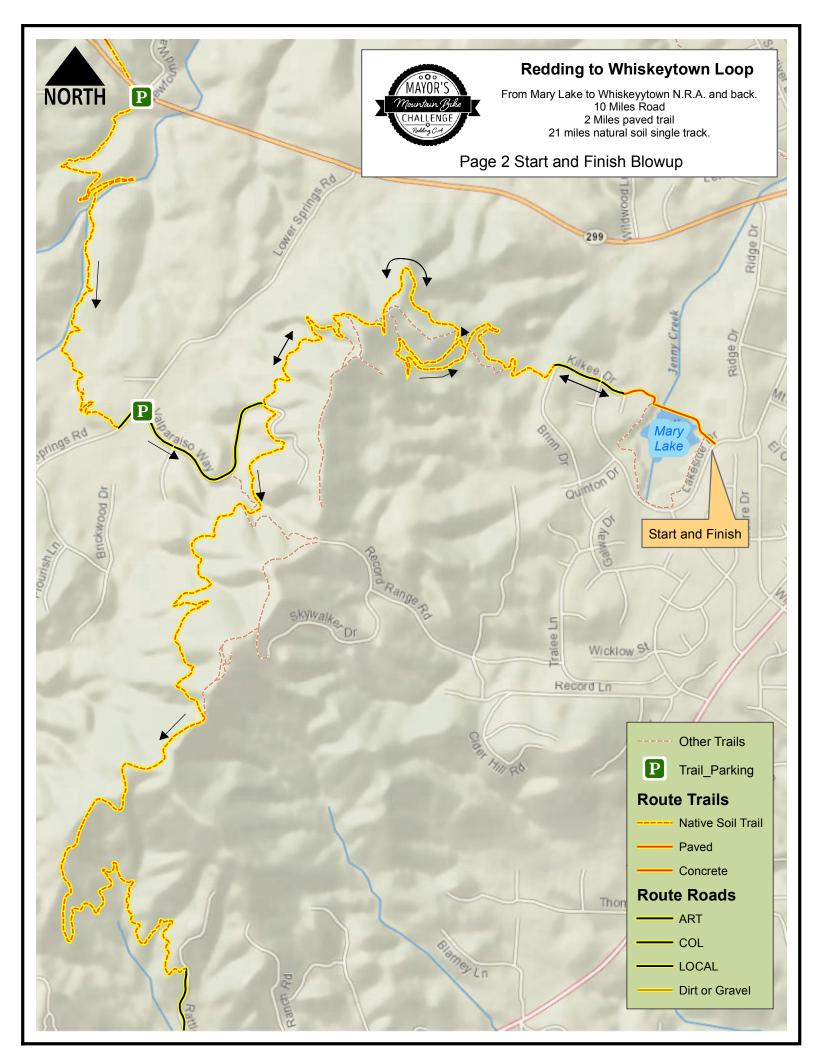
Keswick Lake Loop

Start at the Keswick Dam River Trail Parking Lot

www.strava.com/segments/13773713 http://www.trailforks.com/route/2017-mayor-s-mtb-challenge-keswick-loop/

- PM 0.00 Start at the Keswick Dam River Trail parking lot. Head south down the river trail towards Redding
- PM 0.6 Turn left and go over Stress Ribbon Bridge and continue straight onto FB trail (dirt single track trail that starts to the left after crossing the bridge)
- PM 2.5 Cross Keswick Dam Road past parking lot and continue on FB trail
- PM 5.2 Stay left on FB trail.
- PM 9.5 Left towards signs to FB/Hornbeck trail
- PM 10.2 FB Trail ends, turn left on Hornbeck trail
- PM 10.8 Stay right at the split
- PM 11.0 Stay left to Hornbeck trail
- PM 11.7 Stay on the trail past the Walker Mine Rd parking lot. trail turns into Upper Sacramento Ditch Trail.
- PM 16.3 Straight on Upper Sac Ditch trail.
- PM 21.4 End of Sac Ditch Trail, head left on the road, cross Shasta Dam and head south down the paved road. Follow to the bottom and through the OHV parking lot
- PM 24.1 Turn left onto the Sacramento River Trail
- PM 32.1 Turn left towards signs for Keswick Dam
- PM 34.2 Turn left off the paved trail onto the dirt Fisherman's Trail
- PM 35.3 Hit the hit Keswick Dam Road at the end of Fisherman's trail and go south for a couple hundred yards
- PM 35.5 Parking lot is on your right, you made it!!





Redding to Whiskeytown Loop

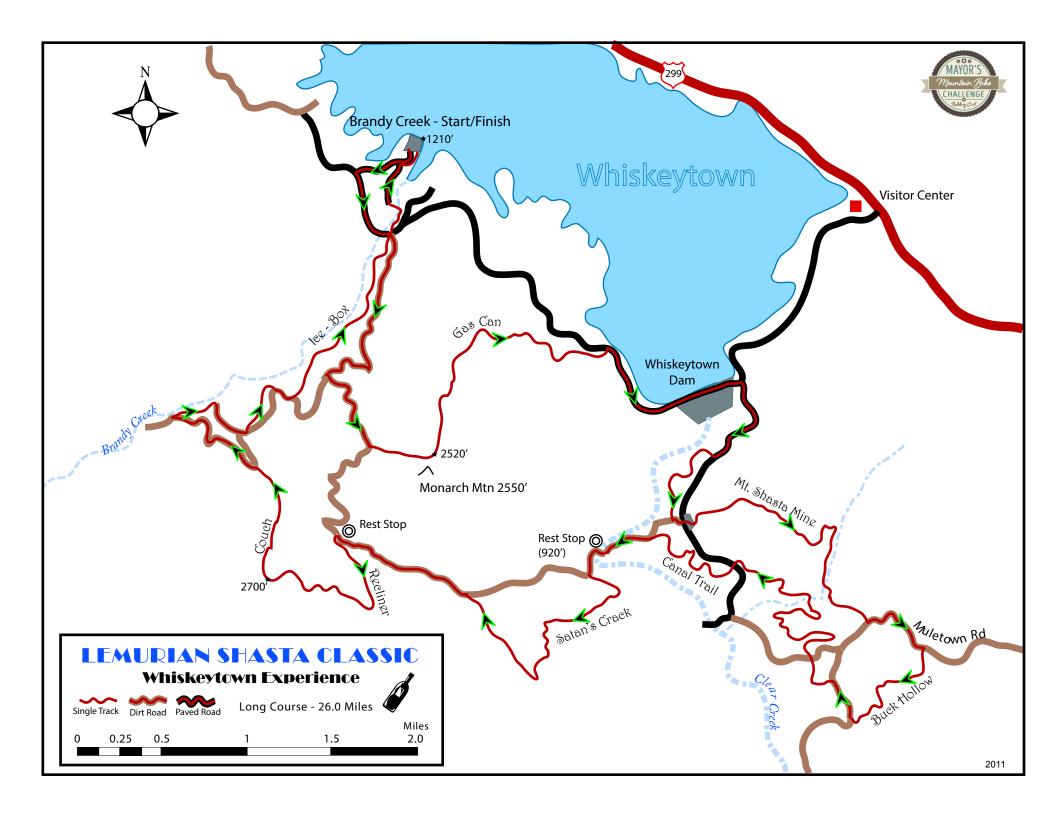
Start on Lakeside Drive by Mary lake in Redding

Strava Segment: https://www.strava.com/segments/13757834

- PM 0.0 Start the start is at the far north-east corner of Mary Lake on the concrete trail adjacent to Lakeside Drive head west around the north side of the lake.
- PM 0.2 intersection northwest corner of lake take the right leg towards the west and Kilkee Drive
- PM 0.3 Kilkee Drive paved trail empties onto Kilkee Drive, head west (straight ahead) on Kilkee
- PM 0.5 Westside Trail TH– continue west on Kilkee until it ends, note the trail head on the west end of the cul-de-sac turnaround. Head west on the Westside Trails
- PM 0.7 trail intersection just after the Westside Trail takes a hard turn to the left and starts up the hill you will hit an intersection on the grade, take the trail to the right
- PM 1.0 trail intersection four way intersection take the trail to the right up the hill
- PM 1.05 trail intersection just after an uphill sweeping turn to the left you will reach another trail intersection take a right into the ditch trail you will stay on this ditch trail for awhile ignore the numerous trail options that take you up the hill to the left, stay in the ditch
- PM 2.0 Intersection with Valparaiso Way the mostly ditch trail will empty you onto Valparaiso Way continue immediately across Valparaiso and the Westside Trail will pick up there, continue and stay on the main trail (there will be a couple weak options to the right...ignore these)
- PM 3.4 Intersection with fire road after a good climb the West Side trail intersects with a fire road take a left and head up to a great vista point on Top of the World
- PM 3.5 Top of the World vista enjoy the view before heading back down the fire road you just came up on
- PM 3.8 Intersection fire road and Westside Trail down (Rattlesnake Trail) within 0.2 miles after passing the single track you just climbed you will see a trail marker and single track option to the right, take that trail. Stay on the well traveled mostly single track trail (some fire road)
- PM 4.3 fire road/trail intersection stay left on the fire road down the hill, it will quickly turn back to a single track that eventually turns into a ditch trail
- PM 5.4 trail intersection with Rattlesnake Lane turn right on to Rattlesnake Lane, it will quickly turn into a paved road
- PM 5.7 Rattlesnake-Purple Elm Intersection at the intersection take a left onto Purple Elm Drive
- PM 5.8 Placer Intersection Purple Elm Drive ends at Placer Road, hang a right onto Placer. Near 5 mile road ride ahead

- PM 10.1 Connector Trail to Mule Ridge Trail within about a mile after Placer narrows considerably (no shoulders) and before Mule Town Road, you will see a single track trail take off up hill to the right, take that trail note there are trail paddle markers
- PM 11.0 Mule Ridge Trail Intersection take a right onto Mule Ridge Trail
- PM 15.1 Cosmos/Black Bear Pass Trail intersection just after taking a hard switchback to the left and onto a fire road you will reach a trail intersection. Take a right and head downhill and then up to Black Bear Pass
- PM 15.6 Black Bear Pass trail intersection (five trails intersect here) take a breather at the picnic table before heading straight and down the hill towards top of the Escalator
- PM 16.7 Top of Escalator Intersection marked by another picnic table and the intersection of five single track trails take the trail nearly straight ahead and down into Whiskeytown Park. Enjoy the old school downhill
- PM 18.2 intersection with Mule Town Road (unpaved) take a right onto Mule Town Road. You will be on this road only for a short distance to the bottom of the hill
- PM 18.3 intersection with Buckhollow Trail at the bottom of the hill hang a hard right onto Buckhollow Trail (signed)...always tougher going this direction
- PM 19.3 intersection with Mule Town Road Buckhollow Trail empties onto Mule Town Road, take a right on Mule Town Road
- PM 22.0 intersection Mule Town Road and Red Bluff Road after several miles of unpaved to paved Mule Town Road, it will "T" with Red Bluff Road at Old Shasta elementary School take a left for a few hundred feet
- PM 22.1 intersection Red Bluff Road and Middle Creek Road take a right on Middle Creek Road
- PM 22.3 Intersection with State Route 299 cross 299, stay on Middle Creek Road and through the gate
- PM 22.5 intersection with Middle Creek Trail at the Middle Creek Trail intersection (note the yellow ballards), hang a left and head up the hill (don't go through the ballards)
- PM 22.6 at the top of the hill the road empties into a large unpaved parking area take a left to the far west edge where the French Fry Trail will start
- PM 22.7 French Fry Trail Head head up the trail. Next few miles are flowy and fun (up and down)
- PM 26.1 powerline intersection after the fun you just had on the newer segment of French Fry you will stay straight at the powerline road onto the older section of French Fry for some old school fun
- PM 27.9 trail options at the top of the hill, stay straight or hang a left, both end up at the same spot. The recommendation is left...flowy and fun!

- PM 28.3 intersection with old railroad grade once you hit the old railroad grade (note the ballast still intact), take a left and the single track trail will continue to the right
- PM 28.6 French Fry TH (northern end) at Iron Mountain Road the French Fry ends at Iron Mountain Road. Take a left and head towards Keswick Dam Road
- PM 28.65 Intersection of Iron Mountain Road and Keswick Dam Road take a right on Keswick Dam Road and head east.
- PM 29.6 Keswick Dam Road Parking Lot and Sac River Trail take a right onto the Sac River Trail and head downriver past the Stressed Ribbon Bridge
- PM 31.0 Middle Creek Trail Intersection take Middle Creek Trail back towards the West
- PM 32.3 Middle Creek to 299 Trail take the single track to your left and head towards Route 299
- PM 32.7 keep on the main trail until it hits the paved frontage road (note at the top of the hill there will be an option to the right...don't take it) take a left on to the paved frontage road (frontage to Route 299)
- PM 32.9 Route 299 Intersection Upper Salt Creek Trail Head the paved frontage road ends and turns to a short unpaved trail that ends at Route 299. Cross Route 299 and the Salt Creek Trail starts on the south side. Take the Salt Creek trail.
- PM 34.4 Upper Salt Creek Trail ends at Lower Springs Road take a left onto Lower Springs Road
- PM 34.5 Valparaiso Way almost immediately after getting on Lower Springs Road, take a right onto Valparaiso Way
- PM 34.9 Westside Trail note the West Side ditch trail you were in earlier? Take a left onto the same trail and back into the ditch.
- PM 35.9 stay in the ditch trail past the downhill option that you went up earlier in the day. Little more ditch fun before you are done with the dirt!
- PM 36.9 intersection with Kilkee Drive as you already know now, the single track dirt ends at Kilkee Drive. Take Kilkee back towards Mary Lake.
- PM 37.1 East end of Kilkee Drive at the end of Kilkee take the paved trail towards Mary Lake
- PM 37.3 back at Mary Lake and your Start. Well Done!



Lemurian Long Course

Start at the Brandy Creek Parking lot in Whiskeytown National Recreation Area

Strava Segment: https://www.strava.com/segments/13834159

- PM 0.0 Start the start is at the south end of the Brandy Creek Marina parking lot. Head south on the paved road you just came in on.
- PM 0.4 Intersection with South Shore Drive continue on the marina access road until it ends at South Shore Drive. Turn left.
- PM 0.9 Intersection with Brandy Creek Road at the intersection with Brandy Creek Road (just after passing over Brandy Creek) hang a right on Brandy Creek Road and head up the hill. The road very quickly turns into an unpaved road.
- PM 2.2 Intersection with Peltier Valley Road Peltier Valley Road takes off steeply to the left, take that road and "start" climbing. Might be closed gate.
- PM 2.9 at the top of the grade, take the fire road/trail to your left. It continues to climb for a short while. Note: stay on the trail (fire road is not well pronounced).
- PM 3.1 take the trail to the left leaving the faint fire trail. Some more climbing before the steep descent.
- PM 3.3 you are at the top time for the steep "Gas Can" decent, some single track, lot of fire road...some beautiful views of the lake on the way down. Stop and take a picture.
- PM 5.0 The Gas Can empties onto the paved South Shore Drive, back at near lake level. Take a right on South Shore Drive.
- PM 6.0 Intersection with Paige Bar Road after crossing the dam, take a right on Paige Bar Road.
- PM 6.6 Clear Creek Canal Trail to the Right just after a low point in the road, the road intersects with a single track trail. Take the trail to the right, the trail will be mostly in the historic canal until it intersects with Peltier Valley Road.
- PM 7.4 Intersection with Peltier Valley Road take a left onto Peltier Valley Road. Paige Mill Road is just ahead...
- PM 7.5 Intersection with Paige Mill Road cross Paige Mill Road and through the large parking lot and trail head. At the east end of the parking lot, at the picnic tables you will see a trail heading up the hill, take this trail.

- PM 7.6 Mount Shasta Mine Trail Climb just after the picnic tables the trail intersects with a fire road that heads up the hill. Catch your breath before this uphill grind.
- PM 8.1 intersection with Mount Shasta Mine Trail downhill after a short steep climb on the fire road you will see a marked trail that veers off downhill to the right. Rest a bit and then take this trail. Fun old school downhill ahead.
- PM 9.2 downhill ends at a small creek cross the creek and shortly after the trail tees with the Prospect Trail.
- PM 9.25 Prospect Trail crossing take a left on the Prospect Trail and cross another creek again before starting a short, rocky uphill climb.
- PM 9.6 Mule Town Road Intersection The Prospect Trail ends/starts at Mule Town Road take a left towards Old Shasta.
- PM 10.1 Buckhollow Trail Intersection the Buckhollow Trail (note the sign) starts on the right side of the road. Take this trail.
- PM 11.1 Mule Town Road just after one of the creek crossings, the Buckhollow Trail intersects with Mule Town Road take a right on Mule Town Road.
- PM 11.3 just before Mule Town Road starts to climb (after two creek crossings) the Clear Creek Canal Trail takes off steeply to the left. Take this trail...for nearly all this is a short hike a bike section before the trail empties into the historic canal at the top of the hill.
- PM 11.5 the canal trail intersects with Paige Bar Road continue across Paige Bar Road, stay in the canal trail.
- PM 13.8 intersection with Prospect Trail stay straight in the canal trail.
- PM 14.2 trail intersection stay left at the intersection, the paved Paige Bar Road is just ahead.
- PM 14.25 intersection with Paige Bar Road cross Paige Bar Road, stay on the canal trail.
- PM 15.1 trail intersection to the left stay in the canal trail until you see a trail to the left that goes slightly up hill (note just a very short distance before crossing Peltier Valley Road again). Take that trail to the left, a short distance later it will empty on to Peltier Valley Road.
- PM 15.3 Pelitier Valley Road take a left on Peltier Valley Road, down the hill towards Clear Creek.
- PM 15.6 Clear Creek and Nearby Campground cross over Clear Creek and stay straight past the campground and up the hill (past the gate) on Peltier Valley Road
- PM 15.8 Fire Road to the Left at the top of the first grade (before the hard right turn) take the fire road to the left.

- PM 15.9 Trail to the Left before really dropping down hill on the fire road, note the trail to the left. Take that trail and stay straight on it (don't make the hard left back and down the hill to the campground). This trail will traverse side hill towards the creek (there will be a rock section you will likely have to walk). Continue on this trail until it intersects with a fire road.
- PM 16.3 Fire Road Intersection take a right on the fire road and back up hill (slightly).
- PM 16.5 Logging Camp Trail (Satan's Crack) just before the fire road really starts to climb you will see a single track to the left (across the drainage). Take that left and start heading up Satan's Crack.
- PM 17.4 Intersection with Rod Brower Trail at the top of the hill Logging Camp Trail (Satan's Crack) intersects with the Rod Brower Trail (trail to Need Camp). Stay straight.
- PM 17.7 intersection with Kanaka Peak Loop take the trail to the right and head up hill.
- PM 18.2 Paige Boulder Creek cross the creek (could be a challenge to keep your feet dry) trail takes up on the other side.
- PM 18.4 Kanaka Peak Loop Trail the trail intersects with the rest of the loop trail (to the left) and a short trail that takes you to the Kanaka Peak Trail Head. Take a right, cross the creek again, and you are at the trailhead and Peltier Valley Road.
- PM 18.45 Peltier Valley Road turn left on Peltier Valley Road and head uphill again...
- PM 19.4 Peltier Trail (Recliner to Couch) at a small crest in the road (not "the" crest) you will see a trail to the left labeled as the Peltier Trail. Take that trail/fire road and continue uphill.
- PM 20.0 Salt Gulch Trail take the signed Salt Gulch Trail to the right and continue up hill. Still a good haul to the top and a great, challenging downhill (the Couch).
- PM 21.8 Brandy Creek Road the Salt Gulch Trail (Couch) empties out on to Brandy Creek Road. Take a left on Brandy Creek Road.
- PM 22.6 just before the Brandy Creek Trail Head Parking lot take the Brandy Creek Trail (Upper Ice Box) to the right.
- PM 22.9 the Brandy Creek Trail Intersects with the road to Sheep Camp (Shasta Bally Road) turn right on the road and head up the hill.
- PM 23.2 Brandy Creek Road turn left on Brandy Creek Road and almost immediately you will see a trail to your left
- PM 23.25—Brandy Creek Trail (Middle Ice Box) take a left on the Brandy Creek Trail (Middle Ice Box). It will soon loop back with Brandy Creek Road
- PM 23.6 Brandy Creek Road turn left (downhill) on Brandy Creek Road

PM - 23.7 Brandy Creek Trail (Lower Ice Box) – note the trail at the north end of a big wide spot on the left side of the road. Take this trail (Brandy Creek Trail) down the hill.

PM- 25.0 - the Brandy Creek Trail empties out on to South Shore Drive at the Brandy Creek Road Intersection (you have been here before...seems like a long time ago?). Cross the road and continue on the paved trail past the restroom...

PM - 25.2 - Brandy Creek Pedestrian Bridge - cross the bridge and head up the hill

PM – 25.4 - the single track trail empties on to a paved park road. Turn ride and head towards your finish at the Marina

PM 25.6 – Marina Road – turn right onto the main road to the Marina

PM 25.8 – Marina Parking Lot – you are done...well done!