# Medi-Cal & CMSP

**Medi-Cal** (called Medicaid in other states) provides quality health care coverage to eligible residents of California with income and resources below established limits.

Persons who may qualify include:

- Children
- Low-income families
- Childless adults with low incomes
- Seniors over the age of 65

#### **County Medical Services Program**

(CMSP) provides health coverage for adults ages 21 through 64 who has income at or below 200% of the federal poverty level and who are not eligible for Medi-Cal.



# Shasta County Regional Offices

**Downtown Redding Center** 

1220 Sacramento St., Redding (530) 229-8441

Enterprise Regional Office 2757 Churn Creek Rd., Redding (530) 224-4200

Anderson Regional Office 2889 East Center St., Anderson

(530) 229-8200 or 376-1146

Shasta Lake Regional Office 4216 Shasta Dam Blvd., Shasta Lake (530) 275-7500

Burney Regional Office 36911 Main St., Burney (Hwy. 299E) (530) 335-5567 or 335-6700 toll-free: 1-877-935-5576

Eligibility & Employment Services, Cascade 2460 Breslauer Way, Redding 1-877-652-0731

# Need help? Community Health Advocates (CHA's) can:

- help with Medi-Cal and CalFresh applications
- make home visits
- speak Spanish and Mien

Call and make an appointment today!

# **Get Covered**



Access to quality health coverage in Shasta County





Marina, a pharmacy cashier in Cottonwood, and her son Jacob have been enrolled in Medi-Cal since Jacob was born three years ago.

"If I had to choose between paying for health insurance for Jacob or food and rent, it would be the insurance that would have to go," said Marina. "With Medi-Cal, Jacob stays up-to-date on his immunizations and can see a doctor when he's sick. Without it, if something happened, I'd have to take him to the emergency room."

State and county health programs like Medi-Cal and CMSP are essential for families like Marina's. Even if you are working, own a home or are married, your family may qualify for one of these affordable health care alternatives.

# Keep your family healthy. Get covered today.

#### Who can get Medi-Cal?

- Children under age 21
- Low-income families with children under age 21 who have an absent, deceased, unemployed or incapacitated parent
- Pregnant women
- Persons 65 or older
- Persons who are blind or disabled
- Persons receiving nursing home care
- Childless adults with low incomes

#### Who can get CMSP?

- Adults 21 through 64 years of age
- Qualifying low income
- Resident of Shasta County
- Not eligible for Medi-Cal

#### How do I qualify?

- You or a family member falls into one of the groups above
- Your family meets the countable income requirements income minus certain expenses
- Your family meets resource limits bank accounts, vehicles and other property will be considered, but not all things you or your family own are counted

### How do I apply?

- In person at one of six convenient locations (see back)
- **By phone**. Call Shasta County's Customer Service Center at

#### 1-877-652-0731

• Online. Start your application online at

#### C4Yourself.com



Individuals and families may qualify for income tax credits to reduce the cost of private health insurance. Compare and choose private health plans at

> www.coveredca.com 1-800-300-1506

# 1-877-652-0731 or C4yourself.com