for fast-acting relief from

HEADACHE HEARTBURN JOINT PAIN

ask your doctor about





IN HANDY 500 ML UNITS

PERCENT
of Americans are
DEHYDRATED

DON'T JUST TREAT THE SYMPTOMS

DRINKING ENOUGH WATER IS THE SINGLE MOST IMPORTANT THING YOU CAN DO FOR YOUR HEALTH

for more information 8ADAY.com

Chronic dehydration can cause HEADACHES, HEARTBURN, and JOINT PAIN, as well as asthma, hypertension, kidney damage, depression,