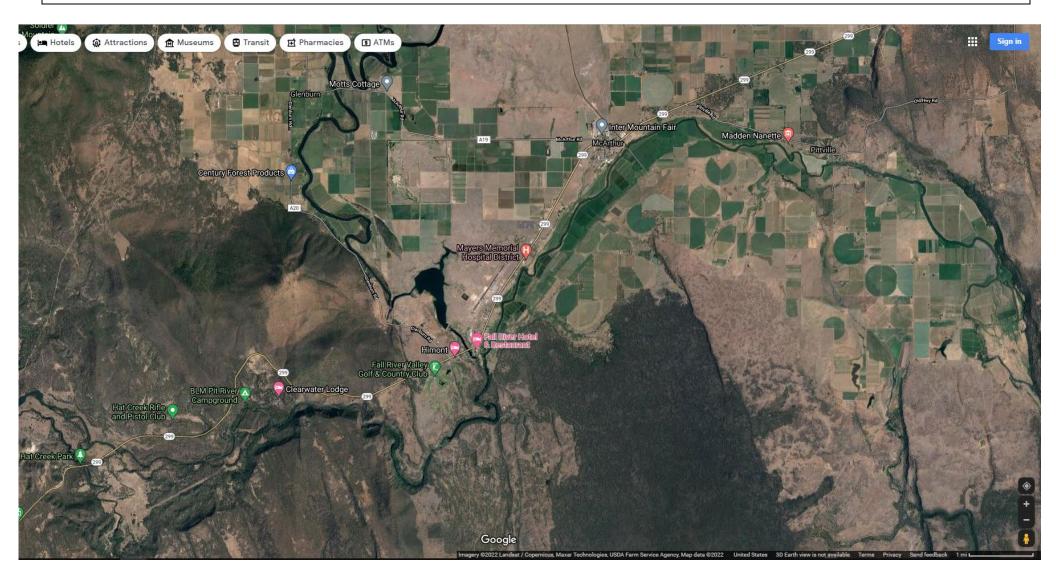
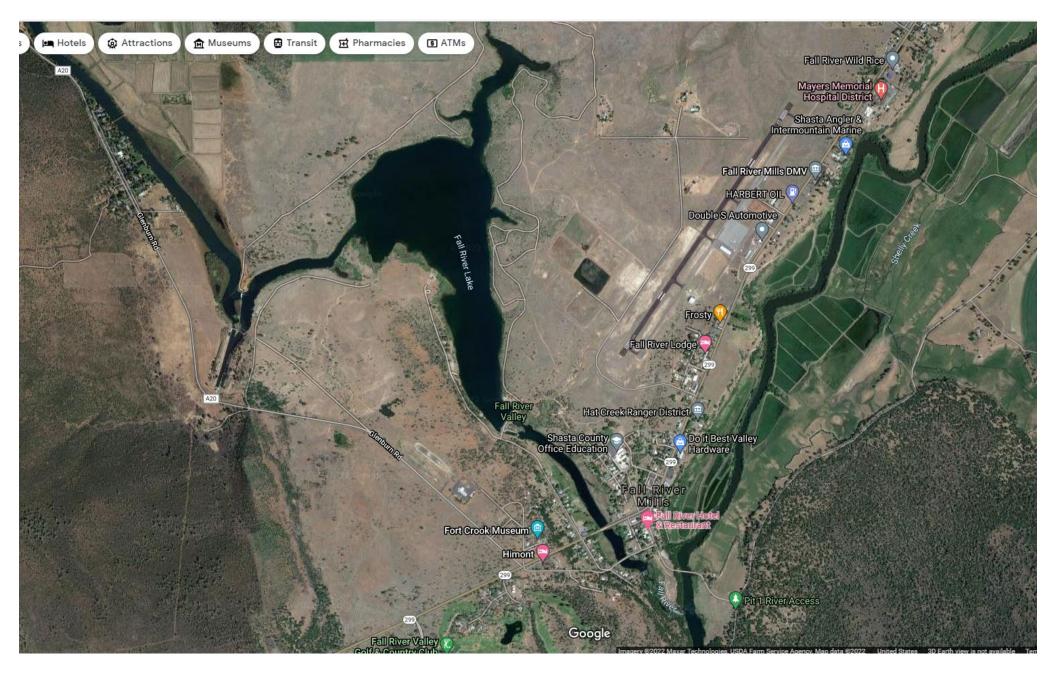
## Intermountain Area Walks Guide

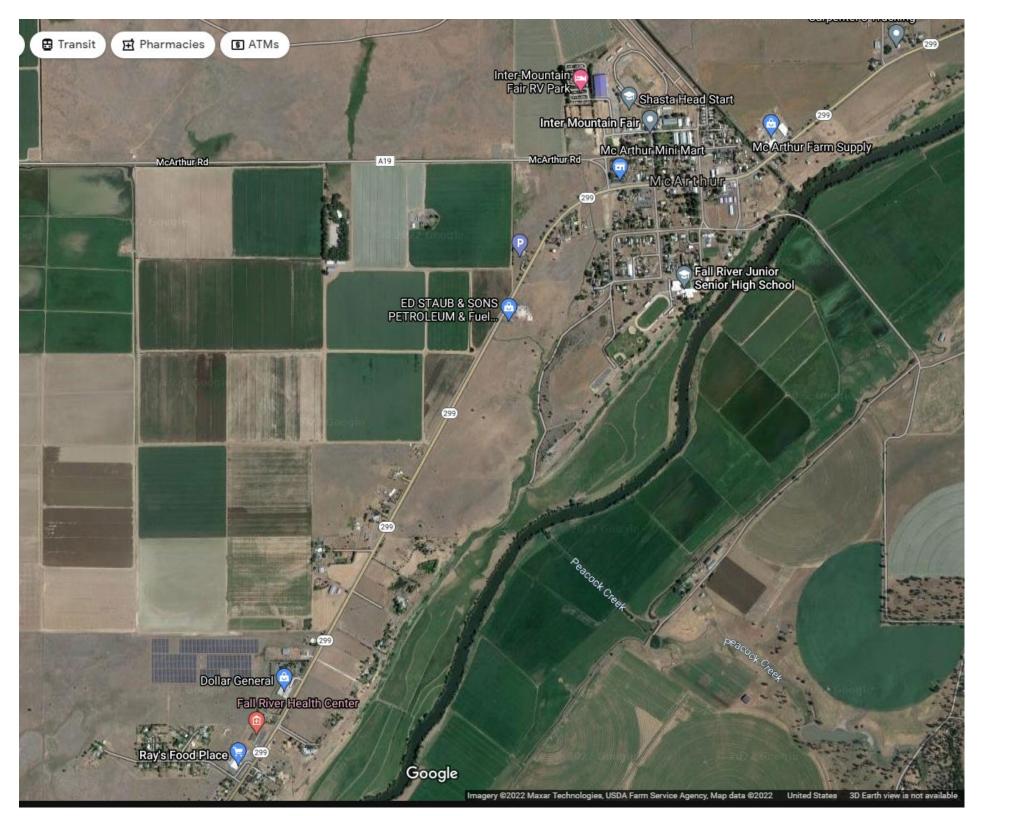


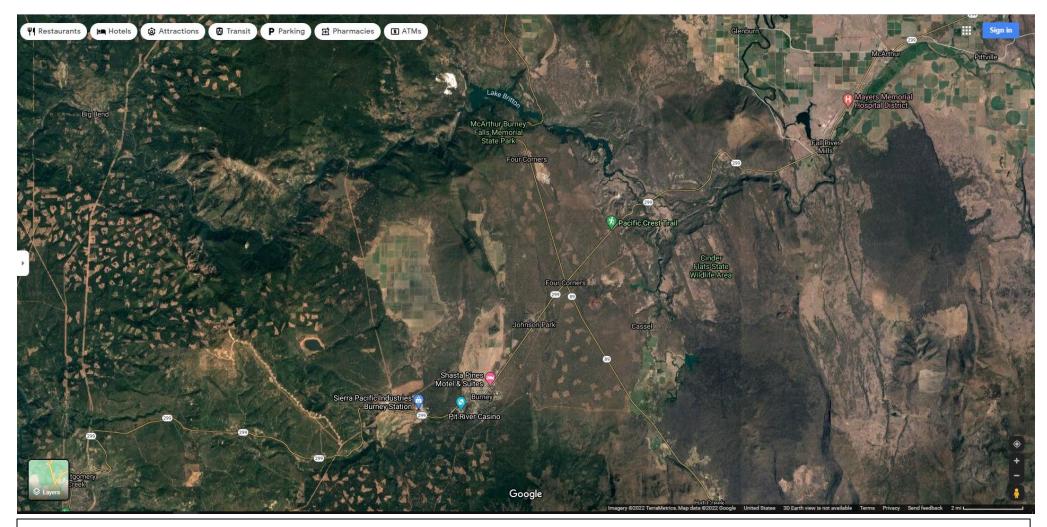
Walking is an easy way to enjoy nature and physical activity. Will you help develop a walking guide for Intermountain Area?

Using the maps, mark or highlight a walking route or routes for the guide or use the space on the back to describe a local route or trail. (Please return form to the Fall River Valley Library, Burney Library, the Intermountain Community Center, or email to <u>admin@healthyshasta.org</u>.)









Please describe local walking routes that you would like to see in an Intermountain Area Walks Guide, include starting point, ending point, and significant route details (favorite route, distance, special features, or points of interest):

May we contact you with questions? 
Yes No Would you like to join the Intermountain Area Walks Guide workgroup? 
Yes No

Name: \_\_\_\_\_\_ Email: \_\_\_\_\_\_ Phone Number: \_\_\_\_\_\_ Email: \_\_\_\_\_\_