



TURN IT AROUND SHASTA

PRESENTS



TURN IT
AROUND
SHASTA

STOP DIABETES
BEFORE IT STARTS



SHASTA COMMUNITY
HEALTH CENTER



KIXE PBS



Shasta County
Health & Human
Services Agency



Dignity Health.

LET'S TALK PREDIABETES A FREE VIRTUAL EVENT!

If you are over 40, overweight or have a family history of diabetes, then this event is for you!

**JOIN US FOR A LIVE Q&A WITH
LOCAL HEALTH CARE PRACTITIONERS.**

MONDAY, NOVEMBER 30, 2020

5:30 PM - 7:00 PM

Register online at:

turnitaroundshasta.com,

Go to the "news" page.

It's never too late to turn your health around!