



April 1, 2022

Walk AT Work Day



Including physical activity as
part of a healthy worksite

Downtown Lunch Walk

12-1 pm

1449 Market St, Redding

RSVP on Facebook

@HealthyShasta

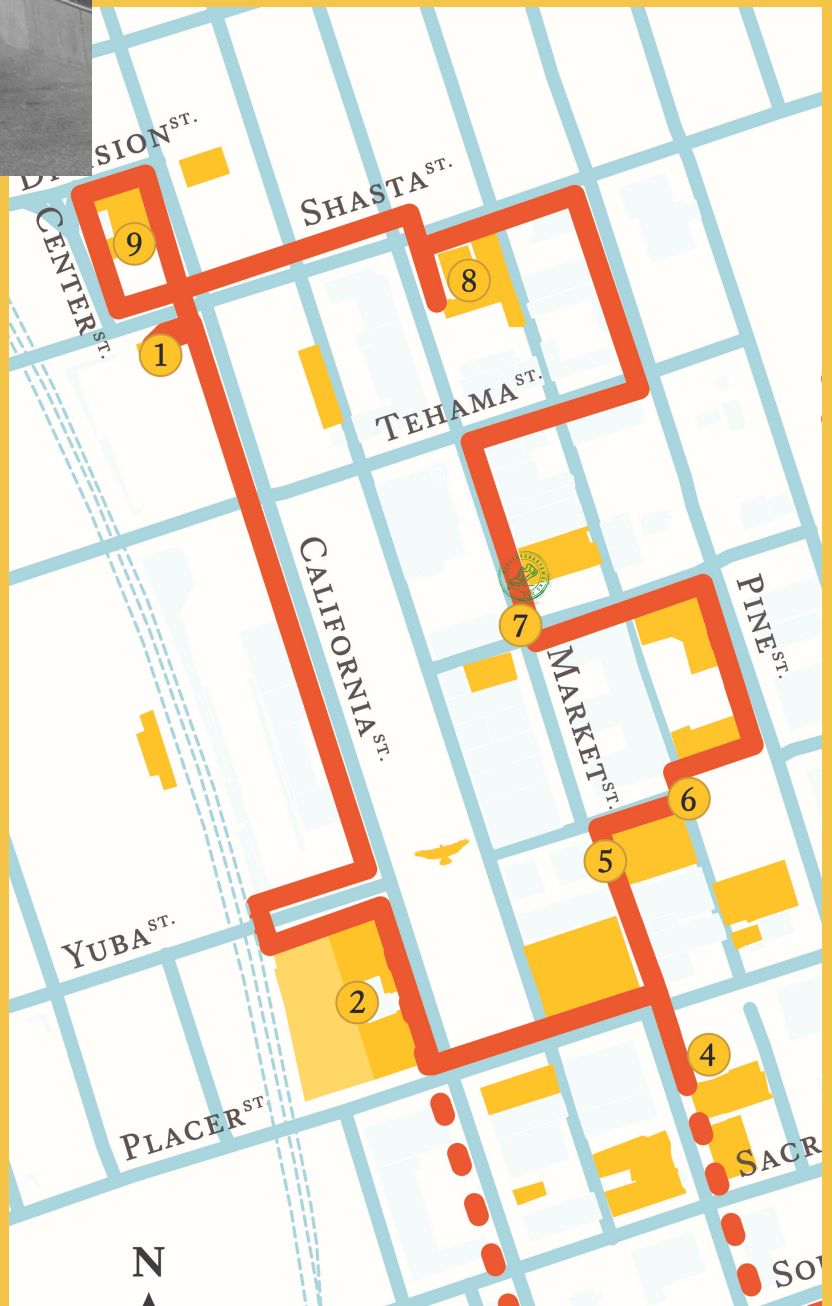
Event Agenda

12:00-12:05 Welcome

12:05-12:15 Redding development &
growth by Shasta Historical Society

12:15-12:50 Downtown Cultural
District Walk

12:50-1:00 Grab-and-go bites at the
IOOF Hall



REDDING
CULTURAL
DISTRICT



REDDING CHAMBER
OF COMMERCE
PARTNERSHIP • ADVOCACY • RESOURCES

