



# TALK READ SING

# HUG PLAY GIGGLE

# LEARN & EXPLORE

Why we celebrate the

# WEEK of the YOUNG CHILD

Your child will astonish you in the early years from 0-5! This is a period of dramatic brain development and intense exploration, growth, and learning. What happens in early childhood will lay the foundation for your child's success in school and later life. The Week of the Young Child was established by the National Association for the Education of Young Children in 1971. It brings public attention to the needs of young children, their families, and the early childhood programs that contribute to their future success. Shasta County joins communities across the nation in celebrating young children and the enormous possibilities awaiting them. Enjoy family fun and learning adventures during this special week!

## All Week April 10-17

### Take Time to Read: Eat Healthy!

**READ!** Get a free children's book (while supplies last) so you can read anytime, everywhere! Visit [healthysshasta.org](http://healthysshasta.org) for participating restaurants

**Info:** 530-225-5126  
**Sponsors:** Healthy Shasta, First 5 Shasta

Healthy Kids Choice Meals	
<i>What's in a kid-friendly meal?</i>	
Low-fat entree	100%
Fruit or Veggie side	100%
No Sugar Added Beverage	100%
Less than 770mg Sodium	
<b>100% Delicious!</b>	

## Enter to Win!

**Complete a FREE child developmental screening during the month of April & be entered into a drawing to win a gift basket of books!**

Complete an Ages & Stages Questionnaire (ASQ) by April 30th. Winner will be chosen at random & notified the week of May 3, 2021.



Access the ASQ screening tool by going to [helpmegrowshasta.com](http://helpmegrowshasta.com) or text HMGshasta to 898211.

### Bike Challenge

Introduce your child to mountain biking during the Big Foot Mountain Bike Challenge. New this year is a special series for kids, Big Foot Jr! Check out the website for the passport, trails, and prizes offered.

<http://www.bigfootmbchallenge.com/>

## Saturday, April 10

### 10 AM Rev, Rumble, & Roar

Get ready for a new Rev, Rumble, & Roar! This year, we will have videos from our community partners, highlighting their vehicles! Videos will be available on the Shasta Public Library's Facebook, Instagram, and YouTube channel beginning at 10:00 am.

**Location:** Virtual! See Shasta Public Libraries Facebook page, IG and Youtube channel  
**Info:** [Mallab@shastalibraries.org](mailto:Mallab@shastalibraries.org) | (530) 245-7259  
**Sponsors:** Redding Library, First 5 Shasta  
**No registration required.**

## Tuesday, April 13

### 12:00 PM - 3:00 PM Open Play

Check out Roam Play Space and participate in open play for a reduced admission rate during Week of the Young Child.

**Location:** Roam Play Space, 940 Hilltop Dr., Redding, 96003

**Info:** <https://www.roamplayspace.com/about>

**Entry:** \$8 per family  
**Sponsors:** Roam Play Space  
**No registration required.**

### 11:00 AM - 1:00 PM Community Resource Bags

This is a curb side event. Families may come by and pick up a bag containing a resource guide for families, including expecting mothers and those with children ages 0-5. Books and other activities will be provided.

**Location:** Rays, 43622 HWY 299, Fall River, 96028

**Info:** [soe39@shskids.org](mailto:soe39@shskids.org)  
**Sponsors:** Shasta Head Start, First 5 Shasta  
**No registration required.**

### 5:00 PM - 8:00 PM Pizza Family Fun Night Fundraiser and Membership Drive

Come support your local Association for the Education of Young Children and learn about our advocacy work and becoming a member. This event will have FREE books for children while supplies last and a portion of the proceeds from food sales will go directly to the California Cascade Association for the Education of Young Children.

**Location:** Round Table Pizza, Mt. Shasta Mall, 900 Dana Drive, Suite A15, Redding, 96003 (530) 223-1975 AND Players Pizza, 2305 Balls Ferry Road, Anderson, 96007 (530) 365-5473.

**Note:** this event will be hosted simultaneously at two separate locations.

**Info:** [Kashbey@shastacollege.edu](mailto:Kashbey@shastacollege.edu)  
**Sponsors:** CAEYC  
**No registration required.**

## Wednesday, April 14

### 9:00AM-11:00AM Elephant and Piggie & The Crunching Munching Caterpillar

Bright Futures Childrens Center is hosting a virtual event centered around the book "Elephant and Piggie" at Center I, and "The Crunching Munching Caterpillar" at Center II. They will share videos of an art project, making sensory bags, games, and will read the stories. Pick up supplies and the book between 9:00-11:00am. The virtual event will be available by 10:00am. Both events will be happening at the same time, featuring a different book for each center.

**Location:** "Elephant and Piggy," Bright Futures Childrens Center I:1345 Liberty St. Redding, 96001 "The Crunching Munching Caterpillar," Bright Futures Childrens Center II-3500 Churn Creek Rd. Redding, 96002

**Info:** Nikki Bull 276-0506 or [brightfutures2016@yahoo.com](mailto:brightfutures2016@yahoo.com)  
**Sponsors:** Bright Futures Childrens Center, First 5 Shasta  
**Registration required.**

### 10:00 AM - 11:30 AM Virtual Community Helper Story Time

Join us for a virtual story time through our Bright Futures Facebook page with a local Community Helper! Story time will be followed by a drive through where families can then pick up a FREE bag full of resources, a fun craft, book and healthy snack. Families with children 0-5 are welcome to attend this event. RSVP required.

**Location:** Story time, Bright Futures Facebook Page. Drive through Burney Library, 37116 Main St., Burney, 96013  
**Info:** Story Time 10:00am, Drive through 10:30-11:30. Please RSVP to (530) 335-4600.

**Sponsors:** Tri County Community Network, First 5 Shasta

### 11:30 AM - 12:30 PM Story Time

The Cottonwood Community Library is hosting a community story time. Kids will be able to listen to some fun stories, sing songs and complete a craft. This is an in-person event.

**Location:** Cottonwood Community Library, 3427 Main St., Cottonwood, 96022

**Info:** [cottonlib@shasta.com](mailto:cottonlib@shasta.com)  
**Sponsors:** Cottonwood Community Library  
**No registration required.**

### 12:00 PM - 6:00 PM Mindfulness for Kids

One SAFE Place is providing take home literacy-based activities for children 0-5. Families will also receive resources geared towards emotional regulation and education. Along with your book, you will receive a YouTube link for you and your child to participate in a mindfulness-based activity.

**Location:** 2250 Benton Drive, Redding, 96003  
**Info:** [kelsey@ospsshasta.org](mailto:kelsey@ospsshasta.org) Registration required: One Minute Survey Below  
<https://forms.gle/HzwAwXVw6YhaaF9P9>  
**Sponsors:** One Safe Place, First 5 Shasta  
**Registration required.**

### 10:00 AM - 12:00 PM Safety Zone-Drive Through Event

Drive through event focused on Safety in the areas of Fire Safety (Cal Fire), Water Safety (YMCA), Forest Safety (USFS), and car safety with (CHP). All will be in attendance to distribute educational information from each "Safety Zone". There will be a book distribution as well as a healthy snack (pre-packaged) and a craft to take home.

**Location:** KIXE Parking Lot, 603 N. Market St., Redding, 96003  
**Info:** [mesobar@kixe.org](mailto:mesobar@kixe.org) | (530)-243-5493 | ext. 112  
**Sponsors:** KIXE, First 5 Shasta  
**No registration required.**

### 11:00 AM - 2:00 PM Play Time

This organization will give away books and toys with creative play suggestions for parent and caregiver. In addition, there will be a raffle give away.

**Location:** Dunamis Wellness, 748 North Market St., Redding, 96003  
**Info:** [lmqua@dunamiswellness.com](mailto:lmqua@dunamiswellness.com) | (530) 338-3341  
**Sponsors:** Dunamis Wellness, First 5 Shasta  
**No registration required.**

### 11:00 AM - 2:00 PM Welcome to the Jungle

Join us for an interactive drive-thru family safari! The Welcome to the Jungle event will focus on the power of Hope and include games, prizes, take home coloring contest, Triple P-based parenting education, connection to multiple community organizations, and much more. All from the comfort of your own vehicle. Free books for the first 300 families that register.

**Location:** Pathways to Hope for Children, 2280 Benton Drive, Building C, Redding, 96003  
**Info:** [efriend@hopeshasta.org](mailto:efriend@hopeshasta.org) | (530)242-2020. Register at <https://phcjungle2021.eventbrite.com>  
**Sponsors:** Pathways to Hope for Children, First 5 Shasta  
**Registration required.**

## Thursday, April 15

### 9:00 AM - 12:00 PM It's A Big World!

Enjoy engaging self-led activities throughout Turtle Bay Exploration Park including a story time in the Forest Camp Amphitheater at 9:30 am. Participants will receive an activity bag and book while supplies last. Special event admission is free for children 5 & under. Each child 5 & under admits one adult free of charge. Children ages 6 & older and additional adults are half price regular admission fees (regular admission is \$18/adult and \$14/child). Members are always free. Advanced reservations are recommended at [www.turtlebay.org](http://www.turtlebay.org). COVID-19 restrictions will be in place and capacity may be limited.

**Location:** Turtle Bay Exploration Park, 844 Sundial Bridge Drive, Redding, 96003  
**Info:** [kweber@turtlebay.org](mailto:kweber@turtlebay.org), 530-242-3108. Register at [Turtlebay.org](http://Turtlebay.org)  
**Sponsors:** Turtle Bay Exploration Park, First 5 Shasta  
**Advanced reservations are encouraged.**

### 11:00 AM - 1:00 PM Community Resource Bags

This is a curb side event. Families may come by and pick up a bag containing a resource guide for families, including expecting mothers and those with children ages 0-5. Books and other activities will be provided.

**Location:** Safeway, 37264 HWY 299, Burney, 96013  
**Info:** [soe39@shskids.org](mailto:soe39@shskids.org)  
**Sponsors:** Shasta Head Start, First 5 Shasta  
**No registration required.**

### 10:00 AM - 2:00 PM Inspirational Rock Painting Kits

Families can pick up Rock Painting Kits and a free book (while they last) during the 2-day time frame during Week of the Young Child. Families must be pre-registered and on the front gate list to receive these items. Families will collect their kits, take home, paint their rocks and spread throughout their neighborhoods and community to share joy, kindness, support, love, creativity and inspiration.

**Location:** Shasta College Main Campus South Gate, 11555 Old Oregon Trail, Redding, 96003

**Info:** Please register here: <https://ecerockpainting.eventbrite.com>  
**Sponsors:** Shasta College Lab Preschool, SCOE Collaborative Preschool, First 5 Shasta  
**Registration required.**

### 3:00 PM - 5:00 PM Reading is Dino-Mite Drive Through Event

Drive through our "Dino-Mite" event at the Anderson Library. Each child will be treated to a dinosaur stuffed animal or puzzle. First 5 Shasta has provided dinosaur books for the event - one per family. Snack bag for each child. Use the main library entrance on West Center Street.

**Location:** Anderson Library, 3200 W. Center St., Anderson, 96007

**Info:** [christy.windle@sslibraries.com](mailto:christy.windle@sslibraries.com) (530) 365-7685  
**Sponsors:** Anderson Library, First 5 Shasta, Anderson Rotary  
**No registration required.**

### 11:00-11:30 Help Me Grow Playgroup!

How your child plays, learns, speaks, and acts offers important clues about their development. Parents of children ages 0-5, join us for the first of a series of playgroups. Learn how to support your child's ability to understand and use language at this playgroup on communication by asking the expert, a speech pathologist.

**Location:** Online, visit [helpmegrowshasta.com](http://helpmegrowshasta.com)  
**Info:** Zoom link: <https://us02web.zoom.us/j/83586934911?pwd=WVlCUWxcm1NzBuSWJqSTpMGTdydz09> or call 605-2645

**Sponsors:** First 5 Shasta, HMG Shasta, SCOE-ECS  
**No registration required.**

## Friday, April 16

### 9:00 AM-10:00 AM & 10:00 AM TO 11:00 AM STEAM Learning Lab

Join the YMCA for crafts and science-themed projects for kids ages 2-7, including creative styles of painting, leaf prints, dinosaur egg hatching, paper walking horses, and more! There will be two time slots, one from 9:00am-10:00am and another from 10:00am-11:00am.

**Location:** Shasta Family YMCA - 1155 Court St., Redding, 96003  
**Info:** [emiller@stymca.org](mailto:emiller@stymca.org) | 530-246-9622 Ext. 118  
**Sponsors:** Shasta Family YMCA  
**No registration required.**

### 9:30 AM - 11:30 AM The Five Senses

Caregivers and their children will be able to participate in a series of activities that will encourage exploration through the use of the five senses. Participants will leave with helpful handouts with instructions on activities to do at home and to help promote exploration through play.

**Location:** Redding Cooperative Preschool, 658 Mary Street, Redding, 96001

**Info:** [jenpavone@msn.com](mailto:jenpavone@msn.com) | (530) 241-4355  
**Sponsors:** Redding Cooperative Preschool, First 5 Shasta  
**No registration required.**

### 10:00 AM - 2:00 PM Inspirational Rock Painting Kits

Families can pick up Rock Painting Kits and a free book (while they last) during the 2-day time frame during Week of the Young Child. Families must be pre-registered and on the front gate list to receive these items. Families will collect their kits, take home, paint their rocks and spread throughout their neighborhoods and community to share joy, kindness, support, love, creativity and inspiration.

**Location:** Shasta College Main Campus South Gate, 11555 Old Oregon Trail, Redding, 96003

**Info:** Please register here: <https://ecerockpainting.eventbrite.com>

**Sponsors:** Shasta College Lab Preschool, SCOE Collaborative Preschool, First 5 Shasta  
**Registration required.**

### 1:00 PM - 3:00 PM Blocks, Bubbles and Milestones

Join FNRC in a drive through adventure for families. We will be giving families information on milestones as well as giving away blocks, bubbles and other fun activities for families to take home and play together. These materials will help you identify if your child is reaching the developmental milestones. The information given is geared towards families with children aged 0-5. These items will be given to the first 200 attendees. You will be invited to join a virtual read-along on our Facebook page with Far Northern Staff after the event to read, "Bear Snores On" and "Rosa Loves Dinosaurs."

**Location:** FNRC Parking Lot, 1900 Churn Creek Rd., Redding, 96002

**Info:** Register online, <https://tinyurl.com/FNRCWOYC>

Or contact Sara Grijalva- [sgrijalva@farnorthernrc.org](mailto:sgrijalva@farnorthernrc.org) | (530) 222-4791  
**Sponsors:** Far Northern Regional Center, First 5 Shasta  
**Registration required.**

## Saturday, April 17

### 9:00 AM Grasshopper Bug Run

Dress as your favorite bug and come run for fun. Leave the adults in the dust and go on a big adventure! Children will run and challenge themselves through fun obstacles; Crawl, hop, climb and run. See you at the Grasshopper Bug Run! Once registered you will be assigned a specific start time. Must be registered to participate to get your start time.

**Fee:** FREE - Due to health regulations you must be registered to participate. [www.reddingrecreation.org](http://www.reddingrecreation.org) or 225-4095.

**Location:** Softball Park -Westside of City Hall, 777 Cypress Avenue, Redding, 96001  
**Sponsors:** City of Redding Recreation  
**Registration required.**

### 10:00 AM AGES 1-6 | 10:30 AM AGES 7-9 The Big Race

The Big Race is a cardboard "vehicle" race for children between the ages of one and nine. Kids will work with their parents to pre-build a "race car", and then race the "car" at the event.

**Location:** Asphalt Cowboys' clubhouse parking lot, 720 Arboretum Dr., Redding, 96001  
**Info:** Due to County Health regulations, all participants MUST register before attending <https://www.redding2030.com/events>  
**Sponsors:** Active 20-30 Club of Redding, First 5 Shasta  
**Registration required.**

### 12:30 PM - 2:00 PM Roam Play Space Mini Classes

Check out Roam Play Space and rotate through mini versions of Roam classes (dance, art, STEM, Lego, Mommy and Me music).

**Location:** Roam Play Space, 940 Hilltop Dr., Suite A, Redding, 96003

**Info:** <https://www.roamplayspace.com/>

**Entry:** \$5 per child.  
**Sponsors:** Roam Play Space  
**Registration required.**



A 0-to-5 celebration brought to you by



(530) 646-3780 first5shasta.org