

Snack, Entrée, and Beverage Options that Meet CSPI Model Nutrition Standards for Checkout

This product list is a resource for retailers, suppliers, and city, county, and state health departments that are implementing healthy checkout.

<u>CSPI Model Nutrition Standards for Checkout</u> were adapted from the National Alliance for Nutrition and Activity's Model Beverage and Food Vending Machine Standards, with input from members of the Food Marketing Workgroup's Healthy Checkout Subcommittee.

The snack, entrée, and beverage options listed below also meet the following sets of nutrition standards, unless noted:

- <u>American Heart Association (AHA) Healthy Workplace Food and Beverage</u> Toolkit Guidance on Vending Machines
- <u>General Services Administration (GSA) and U.S. Department of Health and</u> <u>Human Services (HHS) Food, Nutrition, and Sustainability Guidelines for</u> Vending Operations

This list does not contain every product that meets the standards, but it offers a sense of what types of products could be placed in healthier checkout aisles. In addition to the products listed below, look for local and regional companies that offer products that meet these standards. Additional resources on healthy checkout are at http://cspinet.org/healthycheckout/.

SNACKS

FRESH FRUITS

Apples (whole or sliced in packages) Bananas (whole) Berries (all kinds) Clementines Cut up fruit (melon, pineapple chunks) Del Monte Apple Slices, 5 oz Del Monte Gold Extra Sweet Pineapple Chunks & Grapes, 5 oz Del Monte Whole Fresh Bananas Grapes Mott's Sliced Apples, 2 oz Nectarines (whole or sliced in packages) Oranges (whole or sliced in packages) Peaches (whole or sliced in packages) Pears (whole or sliced in packages) Peterson Farms Apple Slices, 2 oz ReadyPac Ready Snax Antioxidant Berry Blend Snack Cups, 4 oz ReadyPac Ready Snax Fresh-Cut Fruit Cups, 5 oz (all varieties) Woot Froot Red Grapes, 3 oz Woot Froot Sliced Nectarines, 3 oz Woot Froot Sliced Peaches, 3 oz Woot Froot Sliced Pears, 3 oz

FRESH VEGETABLES

Baby-cut carrots Celery sticks Grape or cherry tomatoes Grimmway Farms Ready to Eat Snack Pack Baby Carrots, 3 oz



APPLESAUCE, FRUIT CUPS & FRUIT POUCHES

Del Monte No Sugar Added Fruit Cup Snacks, 3.75-4 oz (all varieties)
Dole Foodservice Fruit Bowls in 100% Fruit Juice, 4 oz (all varieties)
Dole Foodservice Fruit Bowls in 100% Fruit Juice, 4.2 oz or 7 oz (fork included) (all varieties)
Earth's Best Organic Apple Sauce – Original Cups, 4 oz
Mott's Natural Applesauce Cups, 3.9 oz
Musselman's Big Cup Unsweetened Apple Sauce Cups, 4 oz
Musselman's Organic Unsweetened Apple Sauce Cups, 4 oz
Musselman's Squeezables Unsweetened Apple Sauce, 3.17 oz
Musselman's Unsweetened Apple Sauce Cups, 4 oz
National Food Group Unsweetened Apple Sauce Cups, 4.5 oz (Cinnamon, Plain, Strawberry, Strawberry Banana)
Nature's Child Squashed Banana Squeezers, 3.17 oz

Plum Organics Mashups, 3.17 oz *(Berry, Carroty Chop, Strawberry Banana, Tropical)* Santa Cruz Organic Apple Sauce Cups, 4 oz

FRUIT BARS

Oskri Date Bars, 1.9 oz Oskri Fig Bars, 1.9 oz Oskri Fruit Bars, 1.23 oz *(Apricot, Blueberry, Cherry, Cranberry, Peach)* That's It! Fruit Bars, 1.2 oz *(all varieties except Apple + Coconut)*

DRIED FRUIT

Bare Snacks Apple Chips, 0.5 oz or 1.7 oz *(all varieties)* Brothers All Natural Fruit Crisps, 0.26-1 oz *(all varieties)* Crispy Green Crispy Fruit, 0.36 oz *(all varieties)* Crunchies Freeze-Dried Fruit, 1 oz or 1.2 oz *(all varieties)* Funky Monkey Freeze-Dried Crunchy Fruit, 1 oz *(all varieties)* Sensible Foods All-Natural Crunch Dried Snacks, 0.32-0.37 oz *(all varieties)* Sensible Foods Organic Apple Harvest Crunch Dried Fruit, 0.32 oz Sun-Maid Raisins 6-Pack, 1 oz Sun-Maid Raisins Mini-Snacks, 0.5 oz

YOGURT SMOOTHIES

Dannon DanActive Light, 3.1 fl oz *(all varieties)*Dannon DanActive Vanilla, 3.1 fl oz
Dannon Danimals Smoothies, 3.1 fl oz *(Banana Split, Cotton Candy, Rockin' Raspberry, Strawberry Explosion, Strikin' Strawberry Kiwi, Swingin' Strawberry Banana)*Dannon Light & Fit Protein Smoothies, 9.5 fl oz *(all varieties)*

Stonyfield Organic OP Organic Protein Smoothies, 10 oz (all varieties) (except Strawberry and Vanilla do not meet AHA standards)

YOGURT

Chobani Ancient Grains 1.5% Low-Fat Greek Yogurt, 5.3 oz (all varieties) (do not meet AHA standards) Chobani Blended 0% Non-Fat Greek Yogurt, 5.3 oz (Lemon, Vanilla) Chobani Fruit on the Bottom 0% Non-Fat Greek Yogurt, 5.3 oz (all varieties) Chobani Mighty Oats 1.5% Low-Fat Greek Yogurt, 5.3 oz (all varieties) Chobani Plain 0% Non-Fat Greek Yogurt, 5.3 oz Chobani Simply 100 Crunch, 4.2 oz (all varieties) Chobani Simply 100 Non-Fat Greek Yogurt, 5.3 oz (all varieties) Dannon Activia Fruit Fusion, 4 oz (all varieties) Dannon Activia Greek Light Yogurt, 5.3 oz (all varieties) Dannon Activia Greek Yogurt, 5.3 oz (Banana Cream, Blueberry, Key Lime, Peach, Strawberry, Toasted Coconut Vanilla) Dannon Activia Light Yogurt, 4 oz (all varieties) Dannon Activia Yogurt, 4 oz (Black Cherry, Prune) Dannon All Natural Plain Nonfat Yogurt, 6 oz Dannon Danimals Nonfat Yogurt, 4 oz (all varieties) Dannon Danimals Squeezables Lowfat Yogurt, 4 oz (all varieties) Dannon Light & Fit Greek Chocolate on Top, 5 oz (all varieties)



Dannon Light & Fit Greek Crunch Nonfat Yogurt & Toppings Coconut Chocolate Bliss, 5 oz Dannon Light & Fit Greek Nonfat Yogurt Mousse, 4 oz (all varieties) Dannon Light & Fit Nonfat Greek Yogurt, 5.3 oz (all varieties) Dannon Light & Fit Nonfat Yogurt, 6 oz (all varieties) Dannon Oikos Greek Nonfat Yogurt, 5.3 oz (Blueberry, Peach, Plain, Strawberry, Strawberry Banana, Vanilla) Dannon Oikos Triple Zero Greek Nonfat Yogurt, 5.3 oz (all varieties) Fage Total 0% Plain Greek Yogurt, 6 oz Siggi's Icelandic Style Skyr 0% Milkfat Strained Non-Fat Yogurt, 5.3 oz (all varieties) Stonyfield Organic Fruit on the Bottom Fat Free Yogurt, 6 oz (except Chocolate Underground) Stonyfield Organic Greek 0% Fat Yogurt, 5.3 oz (except Chocolate) Stonyfield Organic Greek and Chia Nonfat Yogurt & Chia Seeds, 5.3 oz (all varieties) Stonyfield Organic Smooth & Creamy Fat Free Plain Yogurt, 6 oz Stonyfield Organic Smooth & Creamy Lowfat Yogurt, 6 oz *(all varieties)* Wallaby Organic Creamy Australian Style Blended Lowfat Yogurt, 6 oz (all varieties) (do not meet AHA standards) Wallaby Organic Greek 0% Nonfat Yogurt, 5.3 oz (all varieties) Wallaby Organic Greek 0% Plain Nonfat Yogurt, 6 oz Wallaby Organic Greek Lowfat Yogurt, 5.3 oz (Blueberry, Cherry, Strawberry) Yoplait Greek, 5.3 oz (all varieties) Yoplait Greek 100, 5.3 oz (all varieties) Yoplait Greek 100 Whips!, 4 oz (all varieties) Yoplait Light, 6 oz *(all varieties)* Yoplait Original, 6 oz (all varieties) (except Pina Colada does not meet AHA standards) Yoplait Plenti Plentiful Greek Yogurt, 5.5 oz (all varieties) (except Coconut does *not meet AHA standards)* Yoplait Trix Lowfat Yogurt, 4 oz *(all varieties)*

NUTS/SEEDS & NUT BUTTERS

Artisana Organics Nut Butter Squeeze Packs, 1.06 oz *(Almond, Cashew, Pecan, Walnut)*

Blue Diamond Almonds 100 Calorie Packs, 0.6-0.625 oz (all varieties) (except Lightly Salted does not meet AHA or GSA/HHS standards) Emerald Nuts Almonds & Walnuts 100 Calories Packs, 0.56 oz Emerald Nuts Almonds 100 Calorie Packs, 0.56-0.63 oz (all varieties) (except Smoked does not meet AHA or GSA/HHS standards) Emerald Nuts Cashews 100 Calorie Packs, 0.62 oz (all varieties) (do not meet AHA or GSA/HHS standards) Lance Premium Pistachios, 1.05 oz (does not meet AHA standards) Lance Roasted and Salted Sunflower Seeds, 1 oz Mr. Nature Salted Almonds, 1 oz (does not meet AHA or GSA/HHS standards) Mr. Nature Salted Cashews, 1 oz (does not meet AHA or GSA/HHS standards) Mr. Nature Salted Peanuts, 1 oz (does not meet AHA or GSA/HHS standards) Oskri Pyramid Snacks Raw Almonds, 1 oz Oskri Pyramid Snacks Roasted & Salted Cashews, 1 oz Sunrich Naturals Blazin' Hot Sunflower Kernels, 1.2 oz (does not meet AHA or GSA/HHS standards)

Sunrich Naturals Roasted & Salted Sunflower Kernels, 1 oz (does not meet AHA or GSA/HHS standards)

PROTEINS

Creative Food Innovations Go'Bonzo's Roasted & Seasoned Chickpeas, 0.75 oz (all varieties)

Get Vertical Shelf Stable Hummus Cups, 3 oz *(Original, Roasted Red Pepper)* Sensible Foods All-Natural Roasted Edamame Crunch Dried Snacks, 0.65 oz StarKist Single Serve Tuna Pouches, 2.6 oz *(Low Sodium Albacore White Tuna in Water, Low Sodium Chunk Light Tuna in Water)*



GUM

5 *(all varieties)* Dentyne *(all varieties)* Extra *(all varieties)* Orbit *(all varieties)* Trident *(all varieties)*

GRANOLA/BREAKFAST BARS

Betty Crocker Double Chocolate Oatmeal Bar, 1.24 oz Fiber One Streusel Bars, 1.42 oz (all varieties) (do not meet AHA standards) Kashi Chewy Granola Bars, 1.2 oz *(all varieties)* Kashi Crunchy Granola & Seed Bars, 1.4 oz (all varieties) (except Chocolate Chip Chia does not meet AHA standards) Kashi Crunchy Granola Bars, 1.4 oz (all varieties) Kashi Organic Chewy Granola & Seed Bars, 1.2 oz (Blueberry Almond, Dark Chocolate Pomegranate) Kashi Peanutty Dark Chocolate Layered Granola Bars, 1.1 oz Kellogg's Cocoa Krispies Chocolate Chewy Granola Bars, 1.34 oz Kellogg's Nutri-Grain Breakfast Biscuits, 1.4 oz (except Chocolate Chip does not meet AHA standards) Kellogg's Rice Krispies Chewy Granola Bars, 1.27 oz (all varieties) KIND Healthy Grains Bars, 1.2 oz (all varieties) (except Dark Chocolate Chunk and Oats & Honey with Toasted Coconut do not meet AHA standards) KIND Popped Healthy Grains Bars, 1.2 oz *(all varieties)* General Mills Apple Cinnamon Cheerios Cereal Bar, 1.42 oz General Mills Cinnamon Toast Crunch Cereal Bar, 1.42 oz General Mills Cocoa Puffs Cereal Bar, 1.42 oz General Mills Fruity Cheerios Cereal Bar, 1.42 oz General Mills Golden Grahams Cereal Bar, 1.42 oz General Mills Team Cheerios Strawberry Cereal Bar, 1.42 oz General Mills Trix Cereal Bar, 1.42 oz

Nature Valley Chewy Trail Mix Granola Bars, 1.1-1.2 oz *(all varieties)* Nature Valley Soft-Baked Oatmeal Squares, 1.24 oz *(Blueberry, Cinnamon Brown Sugar)*

COOKIES

J&J Snack Foods BeneFIT READI-BAKE Pre-Packaged Grahams & Crackers, 1 oz *(all varieties)*

CHIPS & PRETZELS

General Mills Simply Chex, 0.92-1.03 oz *(all varieties)*Lay's Oven Baked Original Potato Crisps, 7/8 oz or 1 1/8 oz
Lay's Oven Baked Sour Cream & Onion Flavored Potato Crisps, 7/8 oz or 1 1/8 oz
Mini Pops Air Popped Sorghum Grain, 1 oz *(all varieties)*NurturMe Quinoa Squares, 0.35 oz *(Pineapple + Spinach, Sweet Potato + Apple + Cinnamon)*Peeled Snacks Peas Please Garden Herb Single-Serving Bag, 0.77 oz
Potato Popchips, 0.8 oz or 1 oz *(Barbeque, Sea Salt, Sea Salt & Vinegar, Sour Cream & Onion)*Rold Gold Heartzels Pretzels, 0.7 oz
Ruffles Oven Baked Original Potato Crisps, 7/8 oz
Sunrich Naturals Honey Roasted Corn, 1.3 oz
Sunrich Naturals Rockin' Ranch Roasted Corn, 1.1 oz
Tostitos Oven Baked Scoops! Tortilla Chips, 7/8 oz

CEREAL

General Mills Berry Berry Kix Bowlpak Cereal, 0.69 oz General Mills Cheerios Bowlpak Cereal, 0.68 oz or 1 oz General Mills Cinnamon Chex Bowlpak Cereal, 1 oz General Mills Cinnamon Toast Crunch 25% Less Sugar Bowlpak Cereal, 1 oz General Mills Cinnamon Toast Crunch Bowlpak Cereal, 1 oz General Mills Cocoa Puffs 25% Less Sugar Bowlpak Cereal, 1.06 oz General Mills Country Corn Flakes Bowlpak Cereal, 0.68 oz



General Mills Frosted Corn Flakes Bowlpak Cereal, 1 oz General Mills Fruity Cheerios Bowlpak Cereal, 1.12 oz General Mills Honey Kix Bowlpak Cereal, 0.68 oz General Mills Honey Nut Cheerios Bowlpak Cereal, 1 oz General Mills Honey Nut Chex Bowlpak Cereal, 1.13 oz General Mills Kix Bowlpak Cereal, 0.62 oz General Mills Multigrain Cheerios Bowlpak Cereal, 1 oz General Mills Reese's Puffs Bowlpak Cereal, 1 oz General Mills Rice Chex Bowlpak Cereal, 0.68 oz General Mills Rice Crunchins Bowlpak Cereal, 0.75 oz General Mills Trix 25% Less Sugar Bowlpak Cereal, 1 oz General Mills Trix Bowlpak Cereal, 1 oz Kashi Berry Blossoms Bowl Pack, 1 oz Kashi Heart to Heart Honey Toasted Oat Bowl Pack, 1.4 oz Kashi Honey Sunshine Bowl Pack, 1 oz Kellogg's All-Bran Complete Wheat Flakes Bowl Pack, 0.875 oz Kellogg's Cinnamon Flakes Multigrain Reduced Sugar Bowl Pack, 1 oz Kellogg's Frosted Flakes Choco Zucaritas Multi-Grain Reduced Sugar Bowl Pack, 1 oz Kellogg's Frosted Flakes Multi-Grain Reduced Sugar Bowl Pack, 1 oz Kellogg's Frosted Mini-Wheats Bite Size Bowl Pack, 1 oz Kellogg's Frosted Mini-Wheats Little Bites Chocolate Bowl Pack, 1 oz Kellogg's Frosted Mini-Wheats Little Bites Cinnamon Bowl Pack, 1 oz Kellogg's Rice Krispies Whole Grain Bowl Pack, 1 oz Kellogg's Scooby-Doo! Cereal Bowl Pack, 1 oz

ENTRÉES

Please note that the AHA Healthy Workplace Food & Beverage Toolkit Guidance on Vending Machines does not include standards for entrées. Therefore, the entrées below meet CSPI Model Nutrition Standards for Checkout and GSA/HHS Food, Nutrition, and Sustainability Guidelines for Vending Operations.

BREAKFAST

Kashi Cherry Cinnamon & Cardamom Overnight Muesli, 2.12 oz Kellogg's Special K Hot Cereal, 1.83 oz *(all varieties)* Quaker Apple Walnut 50% Less Sugar Instant Oatmeal Cups, 1.34 oz Quaker Cinnamon Pecan 50% Less Sugar Instant Oatmeal Cups, 1.41 oz

LUNCH/DINNER

Dr. McDougall's Right Foods Lentil Couscous Lower Sodium Soup Cups, 2.1 oz Dr. McDougall's Right Foods Lower Sodium Black Bean Quinoa Salad Cups, 2.6 oz

BEVERAGES

BOTTLED WATER

Aquafina, 20 fl oz Arrowhead 100% Mountain Spring Water, 8 fl oz, 12 fl oz, or 20 fl oz Dasani Purified Water, 12 fl oz, 500 ml *(16.9 fl oz)*, or 20 fl oz Deer Park 100% Natural Spring Water, 8 fl oz, 500 ml *(16.9 fl oz)*, or 20 fl oz Evian Natural Spring Water, 330 ml *(11.15 fl oz)* or 500 ml *(16.9 fl oz)* FIJI Water, 330 ml *(11.15 fl oz)* or 500 ml *(16.9 fl oz)* Glacéau Smartwater, 500 ml *(16.9 fl oz)* or 20 fl oz Poland Spring 100% Natural Spring Water, 8 fl oz, 500 ml *(16.9 fl oz)*, or 20 fl oz Sky Springs Rain, 500 ml *(16.9 fl oz)* Volvic Natural Spring Water, 500 ml *(16.9 fl oz)*



Zephyrhills 100% Natural Spring Water, 8 fl oz, 12 fl oz, or 500 ml (16.9 fl oz)

SPARKLING/FLAVORED WATER

Aquafina FlavorSplash, 500 ml *(16.9 fl oz)* or 20 fl oz *(all varieties)* Ayala's Herbal Water Sparkling, 16 fl oz *(all varieties)* Ayala's Herbal Water Still, 16 fl oz *(all varieties)* Dasani Natural Flavored Water Beverages, 20 fl oz *(all varieties)* Glacéau Vitaminwater Zero, 20 fl oz *(all varieties)* LaCroix Cúrate Sparkling Water, 12 fl oz *(all varieties)* LaCroix LaCola NiCola Sparkling Water, 12 fl oz LaCroix Sparkling Water, 12 fl oz *(all varieties)* Perrier Sparkling Natural Mineral Water, 200 ml *(6.75 fl oz)*, 8.45 fl oz, 330 ml *(11.15 fl oz)*, or 500 ml *(16.9 fl oz)* Polar Frost Sparkling Water, 17 fl oz *(all varieties)* Polar Seltzer Water, 8 fl oz, 12 fl oz, 500 ml *(16.9 fl oz)*, or 20 fl oz *(all varieties)*

100% FRUIT JUICE

Capri Sun 100% Juice, 6 fl oz (all varieties) Juicy Juice 100% Juice, 6.75 fl oz or 10 fl oz *(all varieties) (except 6.75 fl oz Orange Tangerine does not meet AHA standards)* Minute Maid 100% Apple Juice, 10 fl oz Minute Maid 100% Juice Fruit Punch, 10 fl oz Minute Maid 100% Juice Grape, 10 fl oz Minute Maid 100% Juice Mixed Berry, 10 fl oz Minute Maid 100% Orange Juice, 10 fl oz Minute Maid 100% Pure Apple Juice, 11.5 fl oz Mott's 100% Juice Fruit Punch, 6.75 fl oz Mott's 100% Original Apple Juice, 8 fl oz Snapple 100% Juiced, 11.5 fl oz (all varieties) (except Orange Mango does not meet AHA standards) Tropicana 100% Apple Juice, 10 fl oz Tropicana 100% Juice Grape, 12 fl oz (does not meet AHA standards) Tropicana 100% Orange Juice, 10 fl oz Tropicana Orchard Style Apple Juice, 12 fl oz Veryfine 100% Apple Juice, 8 fl oz, 10 fl oz, or 11.5 fl oz Veryfine 100% Juice Blend Apple Strawberry, 11.5 fl oz Veryfine 100% Juice Blend Fruit Punch, 8 fl oz, 10 fl oz, or 11.5 fl oz Veryfine 100% Juice Blend Grape, 8 fl oz or 10 fl oz (does not meet AHA standards) Veryfine 100% Juice Blend Krazy Kiwi, 11.5 fl oz Veryfine 100% Juice Blend Twisted Cherry, 8 fl oz or 11.5 fl oz Veryfine 100% Orange Juice, 8 fl oz, 10 fl oz, or 11.5 fl oz Welch's Fruit Shot 100% Juice Grape, 5.5 fl oz (does not meet AHA standards) Welch's Fruit Shot 100% Juice Raspberry Lime, 5.5 fl oz (does not meet AHA standards) Welch's Fruit Shot 100% Juice Strawberry Mango, 5.5 fl oz (does not meet AHA standards)

Welch's Fruit Shot 100% Juice White Grape Passion Fruit, 5.5 fl oz

100% VEGETABLE JUICE

V8 Low Sodium 100% Vegetable Juice, 5.5 fl oz or 11.5 fl oz

MILK & NON-DAIRY MILK

Please note that milk is often locally or regionally branded. The CSPI Model Nutrition Standards for Checkout allow fat-free or 1% low-fat dairy milk with less than 200 calories per container. The AHA Healthy Workplace Food & Beverage Toolkit Guidance on Vending Machines allows fat-free *(skim)* or low-fat *(1%)* milk with no more than 130 calories per 8 fl oz. The GSA/HHS Food, Nutrition, and Sustainability Guidelines allow 2%, 1%, and non-fat milk.

Nestlé Nesquik Chocolate Low Fat Milk, 8 fl oz *(does not meet AHA standards)* Nestlé Nesquik Chocolate LowFat Milk 100 Calories No Sugar Added, 8 fl oz



Nestlé Nesquik Strawberry Low Fat Milk, 8 fl oz *(does not meet AHA standards)* Organic Valley Good to Go Chocolate Lowfat Milk, 11 fl oz *(does not meet AHA*

standards)

Organic Valley Good to Go Lowfat Milk, 11 fl oz Silk Chocolate Soymilk, 8 fl oz *(does not meet GSA/HHS standards)* Silk Very Vanilla Soymilk, 8 fl oz *(does not meet GSA/HHS standards)* Soy Dream Enriched Original Soymilk, 8 fl oz Soy Dream Enriched Vanilla Soymilk, 8 fl oz Sunrich Naturals Original Soymilk, 8 fl oz

JUICE DRINKS

Diet Brisk Sugar Free Lemonade Juice Drink, 12 fl oz Minute Maid Light Lemonade, 12 fl oz Ocean Spray Diet Cran-Grape Juice Drink, 10 fl oz Ocean Spray Diet Cranberry Juice Drink, 10 fl oz Ocean Spray Diet Sparkling Cranberry, 8.4 fl oz Snapple Diet Cranberry Raspberry, 16 fl oz Snapple Diet Noni Berry, 16 fl oz *(does not meet AHA standards)* Sunkist Diet Sparkling Lemonade, 12 fl oz

SPORTS DRINKS

Powerade Zero, 12 fl oz or 20 fl oz *(all varieties)* Propel Zero Calories, 16.9 fl oz *(all varieties)*

LOW-CALORIE SODA

7-Up Ten, 12 fl oz, 16 fl oz, or 20 fl oz A&W Ten, 12 fl oz, 16 fl oz, or 20 fl oz Canada Dry Diet Ginger Ale, 7.5 fl oz, 8 fl oz, or 12 fl oz Coca-Cola Cherry Zero, 12 fl oz, 16 fl oz, or 20 fl oz Coca-Cola Vanilla Zero, 12 fl oz or 20 fl oz Coca-Cola Zero, 7.5 fl oz, 12 fl oz, or 20 fl oz

Coca-Cola Zero Caffeine Free, 12 fl oz or 20 fl oz

Diet 7-Up, 7.5 fl oz, 8 fl oz, 12 fl oz, 16 fl oz, 16.9 fl oz, or 20 fl oz

Diet 7-Up Cherry, 12 fl oz or 20 fl oz

Diet A&W Cream Soda, 12 fl oz or 20 fl oz

Diet A&W Root Beer, 7.5 fl oz, 8 fl oz, 12 fl oz, 16.9 fl oz, or 20 fl oz

Diet Coke, 7.5 fl oz, 12 fl oz, 16 fl oz, or 20 fl oz

Diet Coke Caffeine Free, 12 fl oz or 20 fl oz

Diet Coke Cherry, 12 fl oz or 20 fl oz

Diet Coke Lime, 12 fl oz or 20 fl oz

Diet Coke with Splenda, 12 fl oz

Diet Dr Pepper, 7.5 fl oz, 8 fl oz, 12 fl oz, 12.5 fl oz, 14 fl oz, 16 fl oz, 16.9 fl oz, or 20 fl oz

Diet Dr Pepper Caffeine Free, 12 fl oz or 16.9 fl oz

Diet Dr Pepper Cherry, 12 fl oz, 16 fl oz, or 20 fl oz

Diet Dr Pepper Cherry Vanilla, 12 fl oz

Diet Mountain Dew, 7.5 fl oz, 12 fl oz, 16 fl oz, 16.9 fl oz, or 20 fl oz

Diet Mountain Dew Code Red, 12 fl oz or 20 fl oz

Diet Mug Cream Soda, 12 fl oz

Diet Mug Root Beer, 12 fl oz or 20 fl oz

Diet Pepsi, 7.5 fl oz, 8 fl oz, 8.5 fl oz, 10 fl oz, 12 fl oz, 16 fl oz, 16.9 fl oz, or 20 fl oz

Diet Pepsi Caffeine Free, 7.5 fl oz, 8 fl oz, 12 fl oz, 16 fl oz, 16.9 fl oz, or 20 fl oz

Diet Pepsi Wild Cherry, 7.5 fl oz, 12 fl oz, 16 fl oz, or 20 fl oz

Diet Sierra Mist, 7.5 fl oz, 8 fl oz, 12 fl oz, 16 fl oz, 16.9 fl oz, or 20 fl oz

Diet Sun Drop, 12 fl oz, 16 fl oz, 16.9 fl oz, or 20 fl oz

Diet Sun Drop Caffeine Free, 12 fl oz, 16.9 fl oz, or 20 fl oz

Diet Sunkist Orange Soda, 12 fl oz, 16 fl oz, 16.9 fl oz, or 20 fl oz

Dr Pepper Ten, 12 fl oz, 16 fl oz, or 20 fl oz

Fresca Original Citrus Sparkling Flavored Soda, 12 fl oz

Mello Yello Zero, 12 fl oz



Pepsi Max, 7.5 fl oz, 12 fl oz, 16 fl oz, 16.9 fl oz, or 20 fl oz Schweppes Diet Ginger Ale, 7.5 fl oz, 8 fl oz, or 12 fl oz Sprite Cranberry Zero, 12 fl oz Sprite Zero, 12 fl oz, 16 fl oz, or 20 fl oz Stewart's Diet Orange 'N Cream Soda, 12 fl oz Stewart's Diet Root Beer Soda, 8 fl oz or 12 fl oz Sunkist Ten, 12 fl oz, 16 fl oz, or 20 fl oz

TEAS

Brisk Diet Iced Tea, 12 fl oz Jade Monk Unsweetened Matcha Green Tea, 12.5 fl oz Lipton Diet Mixed Berry Green Tea, 16.9 fl oz Lipton Diet White Tea with Raspberry Flavor, 16.9 fl oz Nestea Diet Green Tea with Citrus, 23 fl oz Nestea Diet Iced Tea with Lemon, 23 fl oz Snapple Diet Half 'N Half, 11.5 fl oz, 12 fl oz, 16 fl oz, or 20 fl oz Snapple Diet Tea, 11.5 fl oz, 12 fl oz, 16 fl oz, or 20 fl oz Snapple Diet Trop-A-Rocka Tea, 16 fl oz

COFFEE

Illy Issimo Caffé No Sugar Low Calorie Coffee Drink, 6.8 fl oz

HOT COFFEE & TEA

If you have hot coffee and tea at checkout, the CSPI Model Nutrition Standards for Checkout allow coffee or tea with no added caloric sweeteners (if condiments are provided, sugars and sugar substitutes and milk/creamer products, such as whole or 2% milk, that have less fat than cream may be provided). For AHA Healthy Workplace Food & Beverage Toolkit Guidance on Vending Machines, coffee and tea fall under other beverages, which can have no more than 10 calories per serving. For GSA/HHS Food, Nutrition, and Sustainability Guidelines for Vending Operations, coffee and tea would need to contain \leq 40 calories per serving.

*Nutrition information was obtained from company websites during winter/spring 2016.

For more information, please contact Center for Science in the Public Interest at <u>nutritionpolicy@cspinet.org</u>.

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