

Celebrate Healthy Snack Day

FREE health screenings and samples

You're invited:
2:30 - 5:30 p.m.
September 9, 2019

Sentry Market
4525 Shasta Dam Blvd.
City of Shasta Lake



FREE health screenings!

Discover your risk for:

- Prediabetes
- High blood pressure

- Enjoy healthy snack samples.
- Receive a reusable grocery bag and cookbook!

Shop Healthy



Shasta Lake



For more information, call 245-6639 or
visit healthyshasta.org



SHASTA COMMUNITY
HEALTH CENTER



Shasta County
Health & Human
Services Agency