BIKE PATH TIPS

- Redding has over 20 miles of paved bike paths throughout the city. A bike path differs from a bike lane by being separated from the roadway. Special precautions need to be taken while riding on these paths.
- Bike paths are really multi-use paths. Be aware of pedestrians, joggers, skaters, strollers, etc.
- Pass other users with caution by ringing your bell and/or by saying, "Hi, I'm passing on your left."
- Speed limit on the Sacramento River Trail is 10 mph, and 5 mph on the Sundial Bridge.
- Use caution when exiting and entering paths. Watch out for bollards (polls at trailheads) and make sure you are seen by all traffic.
- On narrow paths, ride single file.
- Yield to equestrians. Say "hello" and ask if it is okay to pass. Dismount if trail is narrow.

PREVENT BICYCLE & MOTOR VEHICLE COLLISIONS

- Most collisions between motorists and cyclists occur at intersections—these occur because either the motorist or cyclists aren't adequately aware of each other or because one isn't following the rules of the road. The most common crashes of this sort include:
- Motorist makes a right turn and hits a cyclist riding alongside.
- Motorist pulls out onto a one-way street and hits a cyclist riding against traffic (22% of all bikeauto collisions).
- Bicyclist is riding against traffic on the wrong side of the street or on the sidewalk
- Motorist makes a left turn and hits on oncoming cyclists
- Motorist pulls away from a stop sign and hits a cyclist riding in a perpendicular direction
- Parked motorist opens door into the path of a cyclist
- Please report a crash to the Redding Police even if able to ride away. This is important for keeping vehicle and bicycle crash data

Thanks to Natural Resources Services – Humboldt