

Grilla Bites Presents at the Farmers Market:

Israeli Cous Cous with Grilled Vegetables

INGREDIENTS:

1 each yellow squash

1 each green bell pepper

1 pint cherry tomatoes

1 each white onion

6 cloves garlic, minced

1 bunch basil, julienne

2 each lemon

1 each zucchini

1 each red bell pepper

1 each eggplant, peeled

1 bunch scallions, separated

3/4 cup olive oil, separated

1/4 cup mint, minced

sea salt & pepper

1 pound Israeli cous cous (cooked according to directions)

1 pound feta, large cubes

Marinade:

Combine 1/2 cup olive oil with garlic and 1 tsp. each sea salt & pepper.

Grill:

Slice squash and eggplant into 1/2 inch slabs, cut peppers in half, cut 2 inches from white end of scallions (thinly slice remaining green end), wedge onion and skewer tomatoes. Toss all into marinade, grill on high until beginning to char.

Salad:

Dice grilled veggies into 1/2 inch cubes, add basil, mint, feta, pasta, juice & zest from lemons, 1/4 cup olive oil and season to taste with sea salt & pepper.

Enjoy -

Chef Katie

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