



HEALTHY  
SHASTA

**The Sacramento River Rail Trail** runs along the west side of Keswick Reservoir following the historic rail alignment. It has a paved surface and connects the Sacramento River Trails in Redding to the Shasta Dam area. **11.1 miles one way**

**F.B. Trail** starts at the ribbon bridge on the Sacramento River Trail and connects to the Hornbeck Trail. Dirt single-track that winds through steep terrain with great views. Side trail to water fall. **9.3 miles one way**

**The Hornbeck Trail** follows the alignment of the Historic Quartz Railroad where possible. It is a dirt single-track surface. **4 Miles one way**

**The Lower Sacramento Ditch Trail** follows the alignment of The Sacramento Ditch south of Walker Mine Road and connects to the Hornbeck Trail. It is a dirt single-track surface. **2.8 miles one way**

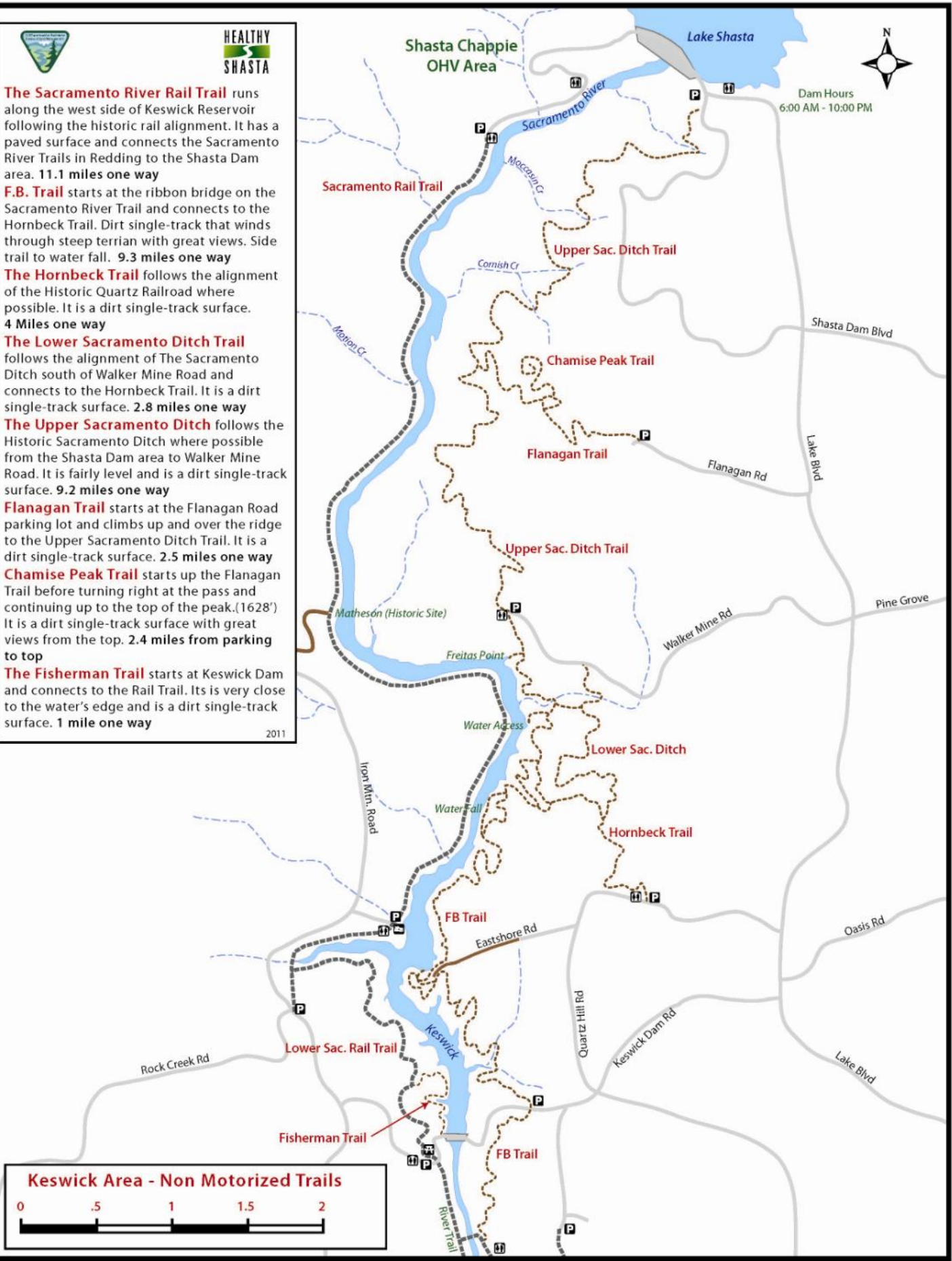
**The Upper Sacramento Ditch** follows the Historic Sacramento Ditch where possible from the Shasta Dam area to Walker Mine Road. It is fairly level and is a dirt single-track surface. **9.2 miles one way**

**Flanagan Trail** starts at the Flanagan Road parking lot and climbs up and over the ridge to the Upper Sacramento Ditch Trail. It is a dirt single-track surface. **2.5 miles one way**

**Chamise Peak Trail** starts up the Flanagan Trail before turning right at the pass and continuing up to the top of the peak. (1628') It is a dirt single-track surface with great views from the top. **2.4 miles from parking to top**

**The Fisherman Trail** starts at Keswick Dam and connects to the Rail Trail. It is very close to the water's edge and is a dirt single-track surface. **1 mile one way**

2011



**Keswick Area - Non Motorized Trails**

