



2019 Walk to School Day Application

The 23rd Annual **International Walk to School Day** is on **October 2, 2019**. Walk to School Day is a day when communities from all over the globe come together to celebrate a child's active and safe trip to school. Participating schools can request safety equipment, technical support, and a tool kit with information on how to safely and effectively implement Walk to School Day and on-going walking programs, such as walking school buses (supervised groups of students walking to school). Last year, Shasta County had 15 schools participate with over 1,900 walkers!

Requirements for applicants include: parental involvement and participation in Walk to School Day. See short list of activities to be coordinated, *Activities Checklist*, on page 2.

Walk to School Day Goals:

- Encourage children to walk to and from school (from home or a local gathering place)
- Increase awareness of the importance of regular physical activity
- Mobilize schools and neighbors to work together to make the streets more pedestrian and bike friendly

Walk to School Day Benefits:

- Increased levels of daily physical activity
- Friendlier neighborhoods as people get out and interact with one another
- Safer streets and neighborhoods
- Fewer cars traveling through the neighborhood
- Less traffic at school pick-up and drop-off points
- Improved air quality reducing the risk of respiratory problems

For more information on Walk to School Day, visit www.walkbiketoschool.org

TIMELINE

Application Deadline

Flyer Deadline (info. needed)

Walk to School Day

September 13, 2019 by 5:00 pm

September 16, 2019

October 2, 2019

HOW TO SUBMIT APPLICATION

Email, send, or drop off application on or before **Friday, September 13, 2019, by 5 pm.**
If you have questions, contact Nicole Lightfoot, 245-6583.

Email to nlightfoot@co.shasta.ca.us

Drop off or mail application to:

Shasta County HHSA – Public Health
Attention: Nicole Lightfoot
2660 Breslauer Way
Redding, CA 96001

Electronic versions of the application are available online at:

www.healthyshasta.org

WHAT TO SUBMIT

1. Cover Sheet (page 3)
2. Application Form (page 4)

Activities Checklist

Activities to be coordinated for Walk to School Day:

- Designate** a parent/teacher to act as project coordinator for Walk to School Day activities. Assemble a team/committee of parents and/or staff to help implement Walk to School Day.
- Develop** a plan to promote Walk to School Day to students, parents, school staff, and the community.
- Register** your event on the national website: www.walkbiketoschool.org/registration.
- Coordinate a Walking School Bus** (walking school busses are supervised groups of children walking to school), see: http://www.walkbiketoschool.org/wp-content/uploads/2017/01/wsb_guide.pdf
- Hold** a Walk to School Day event on **October 2, 2019**, or a day in October that works best for your school.
- Submit** a brief summary by email of your school's Walk to School Day event to us.

COVER SHEET

School Name & Address	School Principal Name & Email Address	Phone
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Project Coordinator	Email Address	Phone
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Person Submitting Application	Email Address	Phone
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Request Supplies/Materials for Walk to School Day Activities (check box if you would like item, indicate quantity where there is space *after* the item)
*****Supplies may be limited*****

- Safety Items to give to Walk to School Day participants **Quantity:** _____
- Banner (1/school)
- Flyers **Quantity:** _____
- Vests for parents/teachers/adult helpers **Quantity:** _____
- Signage, cones, other equipment and materials that would make your event successful, please explain:



- Interested in having Pete Walker, the mascot for the 'Pedestrians Don't wear Armor' Campaign, visit your school.

APPLICATION FORM

Name of School _____

1. Are there problem traffic areas around your school during drop off/pick up?

Yes

No

If yes, please name/describe location(s):

2. Approximate number of students currently walking/biking to school: _____

3. Approximate number of students that would participate in Walk to School Day: _____

4. Who will be involved in implementing the Walk to School Day activities at your school?

5. Describe how you will promote Walk to School Day.

6. Would your school be interested in technical assistance in starting a Walking School Bus program (supervised groups of students walking to school) to encourage continued walking beyond Walk to School Day?

Signature of Person Submitting Application & Title

Date

I have notified the principal that I am coordinating/helping with Walk to School Day activities and have given him/her a copy of this application.