

Downtown Redding

Trail Connections



See Above



Downtown Redding Trail Connections

Points of Interest

- 1 Shasta Bike Depot**
Embark on one of many excursions from this hub for walking and biking resources.
- 2 Lake Redding**
Enjoy scenic vistas and wildlife at this once seasonal lake.
- 3 Caldwell Park**
With acres of shaded grass, an art gallery, sports fields, & more, this park has something for everyone.
- 4 McConnell Arboretum**
Stroll through 200 acres of riverside botanical gardens.
- 5 Turtle Bay**
Discover this exploration park and museum, and drop in for a bite and some refreshments, only 1.5 miles on foot from downtown.
- 6 Whistle Stop Park**
Stop in Downtown Redding's newest park to relax and refresh.
- 7 Stress Ribbon Bridge**
Enjoy the beauty of the Sacramento River at this ambitious but rewarding vista 4.3 miles out of downtown.

Trailheads

- K Keswick Dam**
Make this peripheral trailhead your 5-mile marker from downtown.
- D Diestelhorst Bridge**
At just 0.7 miles from downtown, make this your destination or use it to explore the trail further.
- TC Trinity/Continental**
Follow the newest separated bikeway through a historic neighborhood to access trails.
- M The Monolith**
Ponder Shasta Dam's history before walking the River Trail Loop or visiting Turtle Bay.
- H Hilltop Drive**
Enjoy expansive views of the city before heading down to the river.
- P Palisades Avenue**
Witness stunning panoramas a mere 2 mile walk from downtown.
- E Turtle Bay East**
This off-leash dog park offers beautiful riverside trails as well as access to many more.

