

# Rita's Kids Menu

Ages 12 and Under

## Breakfast

Includes Choice of Milk, Juice or Water

### Healthy Kids Choice Meals

*Oatmeal with Toast or Fruit	\$3.50
*One Egg, Toast and Fruit	\$3.50
*Whole Grain French Toast and Fruit	\$3.75

One Slice of French Toast and One Egg	\$3.75
French Toast with Bacon or Sausage Link	\$4.25
One Egg with Hash Browns	\$3.50
One Pancake with One Egg	\$3.50
One Pancake with Bacon or Sausage Link	\$4.00

## Lunch

Includes Choice of Fruit Cup, Applesauce, or Side Salad  
& Milk, Juice or Water

### Healthy Kids Choice Meals

*Half Turkey or Ham Sandwich	\$4.75
*Peanut Butter and Jelly Sandwich	\$4.00
Grilled Cheese	\$4.00
Chicken Dinosaurs	\$5.25

\*Meets additional, voluntary, lower sodium requirements for  
Healthy Kids Choice nutrition criteria

