



# Local Food Guide

## Shasta County and Surrounding Areas



Please note: This guide is a *work in progress*. If you have suggestions or would like to be included please contact Molly at Healthy Shasta, 225-3747 or [mfarley@co.shasta.ca.us](mailto:mfarley@co.shasta.ca.us). Thanks!

### **Retail Stores for Locally Grown/Raised Foods**

#### **Shasta County**

##### Country Organics Marketplace

2745 Bechelli Lane

Redding, CA (one block west of the Churn Creek Post Office, follow signs)

(530) 223-5775

<http://www.countryorganics.net/>

Offers extended delivery area to Cottonwood, Red Bluff, and Burney

##### Holiday Quality Foods

Cottonwood (20635 Gas Point Road, 530-347-3014)

Palo Cedro (9350 Deschutes Road, 530-547-4483)

Redding (2455 Hartnell Avenue, 530-222-3335 & 3315 Placer Street, 530-242-0477)

<http://shophqf.com/>

Featuring over 1200 local products

##### Kent's Meats & Groceries

8080 Airport Road

Redding, CA 96002

(530) 365-4322

<http://kentsmeats.com/>

Exclusive carrier of Prather Ranch Natural Choice Beef, offering a selection of Gluten-free products

##### Moore's Flour Mill

1605 Shasta Street

Redding, CA 96001-0462

(530) 241-9245

<http://www.mooresflourmill.com/>

Fresh grains, pasta, granola, spices, bread flour, and more! Wholesale seller and Non-GMO

##### Orchard Nutrition Center

221 Locust Street

Redding, CA 96001-2836

(530) 244-9600

<http://www.orchardnutrition.com/>

Offers local products: Nu Olinda olive oils in bulk, Lazy 69 eggs and meat. See Recipes Page

Tops Fresh Market

3685 Eureka Way

Redding, CA

(530) 241-1391

<http://www.topsmkt.com/>

Products: Free-range eggs, Lazy 69 beef, and more!

**Siskiyou County**

Berryvale Natural Foods

305 S. Mount Shasta Blvd

Mount Shasta, CA

(530) 926-1576

<http://www.berryvale.com/>

Offers a selection of local products in meats, chocolates, and honey

Mount Shasta Market

112 East Alma Street

Mount Shasta, CA

(530) 926-2212

Local products: beef, olive oil, wine, bread, and sausage

Nature's Kitchen

412 S. Main Street

Yreka, CA

(530) 842-1136

Café bread is made with locally-grown, stone-ground organic whole wheat

**Trinity County**

Mountain Marketplace Natural Foods

222 Main Street

Weaverville, CA

(530) 623-2656

Tops Super Foods

1665 S. Main Street

Weaverville, CA

(530) 623-2494

[http://www.topsmkt.com](http://www.topsmkt.com/)

## **Community Supported Agriculture (CSA)**

### **Churn Creek Meadow Organic Farm**

Churn Creek Bottom, Redding, CA

530-949-9508

<http://ccmof.com/>

Year-round CSA – Organic produce delivered fresh to your door

### **Country Organics Marketplace**

Redding, CA

530-223-5775

<http://countryorganics.net/>

CSA- Delivery to Redding area including Shasta Lake City, Palo Cedro, Anderson, Cottonwood, and Red Bluff

### **\*ESheep Farms**

Palo Cedro, CA

530-394-7769

Summer CSA- Antibiotic and hormone free lamb, chickens and eggs

### **Springfed Organic Farm and Nursery**

Cottonwood, CA

530-721-0164

[www.twiningtreefarm.wordpress.com](http://www.twiningtreefarm.wordpress.com)

Year-round CSA- Weekly deliveries to Redding area

### **Siskiyou Sustainable Cooperative**

Jacksonville, OR

541-899-9668

<http://www.siskiyoucoop.com/>

Summer CSA- Collective of eight organic farmers located in the Applegate Valley. Please check for drop sites

### **\*Wogoman's Farm**

Anderson, CA

530-357-3477

Sumer CSA- Just picked produce available for self-selection at the produce shed. Contact for locations

## **Farmers Markets (2016 Schedule)**

EBT Gladly accepted at *all* Shasta County Markets

### **Shasta County**

#### **Anderson Market**

Thursdays, Year-Round, 9am-1pm

Shasta Outlets, 1699 Hwy 273, Anderson

#### **Burney Market**

Wednesdays, beg June 15<sup>th</sup>-Oct 12<sup>th</sup>, 3-6pm

Burney Sporting Goods Parking Lot, 37427 Hwy 299 E, Burney

Updated 6/1/2016

**Marilyn Miller Market**

Tuesdays, beg June 14 – Oct 11, 7:30 am–noon  
Shasta Center Parking Lot, 1700 Churn Creek Road, Redding

**Market Street Faire**

Thursdays, beg June 2<sup>nd</sup> - July 28<sup>th</sup>, 5:00-8:30pm  
Market Street Promenade, Tehama St to Yuba St Plaza

**Redding Market**

Saturdays, beg April 2<sup>nd</sup>- Dec 17<sup>th</sup> 7:30 am–noon  
Redding City Hall Parking Lot, 777 Cypress Avenue, Redding

**Turtle Bay Market**

Sundays, beg June 5<sup>th</sup> – Oct 9<sup>th</sup>, 8 am–noon  
Sundial Bridge Parking Lot, opposite 844 Sundial Bridge Drive, Redding

**Siskiyou County****Dunsmuir Market**

Saturdays, beg June-Sept, 9:30am-12:30pm  
Dunsmuir Ave & Spruce St., Dunsmuir

**Etna Market**

Thursdays, beg June 14<sup>th</sup>- Oct, starting 4:30pm  
Dotty's Restaurant Parking Lot, 404 N. Hwy 3, Etna

**Fort Jones Scott Valley Farmers Market**

Wednesdays, beg July-Oct  
Hwy 3 at Marbleview Ave, Fort Jones

**Montague Market**

Saturdays, June-Oct, 9am-1pm  
Wednesdays, July-Sept, 9am-1pm  
S.E. Corner of Church St & Water St, Montague

**Mount Shasta Market**

Mondays, beg May 23<sup>rd</sup>-Oct 17<sup>th</sup>, 3:30pm-6pm  
411 N. Mount Shasta Blvd, between Alma and Castle St, Mt. Shasta

**Yreka Market**

Wednesdays, June-Oct, 11:00am-2pm  
1455 S. Main St, Yreka

**Miner Street Meat Market**

Reminiscent of 1800s-style meat markets, featuring local, organic meats  
200 W Miner St, Yreka

## Tehama County

### **Red Bluff Market**

Saturdays, beg June 4<sup>th</sup>-Sept 24<sup>th</sup>, 7:30am-noon

Red Bluff City Park, 100 Main St. Red Bluff

Wednesdays, beg June 15<sup>th</sup>-Sept 7<sup>th</sup>, 5:00pm-8:00pm

Tehama County Courthouse, Washington & Pine, Red Bluff

## Trinity County

### **Hayfork Market**

Fridays, May-Nov, 4:00pm-7pm

Main St. & Hwy 299, Hayfork

### **Weaverville Market**

Wednesdays, May-Nov, 4:00pm-7pm

Highland Art Center Meadow, 691 Main St, Weaverville

## Local Producers

### Dairy

#### **North Valley Farms Chevre**

Mark and Deneane Ashcraft

Cottonwood, CA 96022

530-347-7151

[dashcraft@northvalleyfarms.com](mailto:dashcraft@northvalleyfarms.com)

Goat cheese

#### **Pedrozo Dairy and Cheese Co**

Tim and Jill Pedrozo

Orland, CA

530-514-3837

<http://www.realfarmsteadcheese.com>

Variety of cheeses

### Eggs

#### **Chris's Egg Farm**

Corning, CA

530-824-2430

#### **Happy Chick Farm**

Orland, CA

530-865-7203

Order Online: [TheHappyChickFarm@yahoo.com](mailto:TheHappyChickFarm@yahoo.com)

**Lazy 69 Ranch**

Round Mountain, CA 96084

530-355-3451

[dan@lazy69ranch.com](mailto:dan@lazy69ranch.com)

Free range organic eggs

Available at Holiday Market, Orchard Nutrition Center, Tops Sunset Marketplace, and Kent's Meat & Groceries

**Rockin M Ranch**

Shingletown, CA

530-474-3955

Eggs, veggies – stand on Camino Vista on Sat and Sun

**Meat****Hat Creek Grown**

Hat Creek, CA 96040

530-335-7016

<http://www.hatcreekgrown.com/>

Products: Grass-fed Beef

**Lazy 69 Ranch**

Round Mountain, CA

530-355-3451

Products: Grass fed beef (see eggs)

[dan@lazy69ranch.com](mailto:dan@lazy69ranch.com)

**Llano Seco**

Chico, CA

(530) 342-2100

<http://www.llanoseco.com/>

Products: Organic pork products – loin roasts, pork chops, ribs, bacon, sausage

Available at Kent's Meats & Groceries

[mail@llanoseco.com](mailto:mail@llanoseco.com)

**Prather Ranch**

Macdoel, CA 96058

(530) 398-4182

<http://www.pratherranch.com/>

Products: Natural and organic beef

Available at Kent's Meats

Check website for other outlets

**The Foragers**

Online farmer's market with local pickup once a month (no shipping)

<http://www.theforagers.com> or email [info@theforagers.com](mailto:info@theforagers.com)

Products: Grass-fed beef, pasture-raised beef, lamb, pork, and chicken

**Four Eagles Farm**

Montague, CA

530-459-3707

Offers Bison and Lamb

[foureaglesfarm@yahoo.com](mailto:foureaglesfarm@yahoo.com)

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**Scott River Ranch**

Etna, CA

530-467-4006

<http://www.scottriverranch.com>

Organic, grass-fed beef

**Nash Ranch**

Redding, CA

530-241-0763

[www.nashranch.com](http://www.nashranch.com)

Products: pumpkins, corn, sheep, lambs, alfalfa hay, oat hay, barley gain, bird seed millet

**Honey****Mincer Apiaries**

Redding, CA

530-221-1816

**Mowat Apiaries**

Alistair & Carol Mowat

Weed, CA

530-938-9642

**Wooten's Golden Queens / Shasta County Honey**

Palo Cedro, CA

<http://www.shastacountyhoney.com>

or email [orders@shastacountyhoney.com](mailto:orders@shastacountyhoney.com)

**Olive Oil****Happy Valley Olive Oil Company**

Happy Valley, CA

530-246-4104

Hours vary, please call.

Olive oil, processed olives

Available at Redding Saturday Farmers Market, and Orchard Nutrition (available in bulk)

**Olinda Ridge Olive Company**

Olinda, CA

Extra virgin olive oil, vinegar, olives

Available online at: <http://www.boutique.oliveoilsource.com/browse/for-the-palate/497>

**Pacific Sun Gourmet**

Pacific Farms & Orchards, Inc.

Gerber, CA

530-385-1475

<http://store.pacificsunoliveoil.com/>

Olive oil

**West Coast Products/DeCamilla Orchard**

Orland, CA

530-865-3379/ 800-382-3072

[www.westcoastproducts.net](http://www.westcoastproducts.net)

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## **Wild Rice**

### **Fall River Wild Rice**

Fall River Mills, CA

530-336-5222

<http://www.frwr.com/>

Wild rice, cooked and uncooked, and chips (sold in various sizes)

Also available online at: <http://www.frwr.com/store/>

### **Goose Valley Ranch**

Burney, CA

617-917-0126

<http://www.goosevalley.com/>

Natural Wild Rice, Certified Organic Wild Rice, and Brown & Wild Rice Fusion™.

Distributed nationwide

### **Lundberg Farms**

Richvale, CA

530-882-4551

<http://www.lundberg.com>

Rice, rice cakes, pasta, flour, syrup, couscous, risottos

### **Massa Organics**

Hamilton City, CA

[www.massaorganics.com](http://www.massaorganics.com)

Rice, almonds, flour

Products available at Chico Farmers Market

## **Fruits and Veggies**

### **Chaffin Family Orchards**

Oroville, CA

530-533-8239

[www.chaffinfamilyorchards.com](http://www.chaffinfamilyorchards.com)

Products: Meats, olive oil, fruit

Also Available: Tours and recipes

### **Fresco Farms**

Shingletown, CA

530-474-5303

Veggies, basil, and garden planning

Available at farmers markets

### **Happy Valley Organics**

Anderson, CA

530-357-3810

Free range chicken, gourmet fruits and veggie stand

Please call for appointment

### **Julia's Fruit Stand**

Los Molinos, CA

530-354-4775

Open 9am-6pm From Memorial Day to Halloween

local apples, other fruits and veggies, pumpkins and gourds



**Kitchel Family Organics**

Los Molinos, CA  
530-385-1966  
Fruit, veggies, herbs and nuts stand  
Family-owned and operated, Tours available

**Tri-L Mandarin Farm**

Oroville, CA  
530-354-4316  
www.mandarins4you.com  
Mandarins

**Wogoman's Farm**

16971 Palm Ave.  
Anderson, CA  
530-357-3477  
Fruit and veggie stand (honor system)

**Miscellaneous and Specialty****Bianchi Orchards**

Los Molinos, CA  
530-527-9157  
www.bianchiorchards.com  
Walnuts

**Happy Valley Fresh Fruit Company**

Happy Valley, CA  
530-941-7072  
<http://happyvalleyfresh.com>

**Hawes Farms**

Anderson, CA  
530-365-8488  
<http://historichawesfarms.com>  
Seasonal pumpkin patch, gourds, squash  
Also features: Haunted house and Corn Maze in fall

**Nash Ranch**

Redding, CA  
530-949-8720  
<http://nashranch.com>  
Pumpkin patch, gourds, and winter squash  
Also features: Haunted House during fall

**Osker's Marinade & BBQ Sauce**

Fall River Mills, CA  
530-336-5302  
Osker's Original, Hot Cajun, and Spicy Garlic  
Available online at: [http://www.hatcreekgrown.com/local\\_pro.htm](http://www.hatcreekgrown.com/local_pro.htm)

**Strawhouse Coffee**

Big Flat, CA

530-623-1990

Locally roasted organic coffee (coffee beans from around the world, roasted in Trinity County)

Sold at Country Organics Marketplace and Kaleidoscope Coffee shop in Anderson

**Tuscan Heights Lavender Gardens**

Whitmore, CA

530-472-3066

<http://www.tuscanheights.net>

Lavender products (soaps, oils, etc), herbs, edible flowers

Available online and seasonally at the gardens

**Farm Trails****Country Farm Trail**

Farm trail featuring Bella Vista and Palo Cedro farms

<http://www.countryfarmtrail.com/>

**Happy Valley Farm Trail**

Farm trail featuring Happy Valley and Anderson farms

<http://www.happyvalleyfarmtrail.com/>

**Sierra Oro Farm Trail**

Farm trail featuring Butte County farms and wineries

<http://www.sierraoro.org/>

530-891-5556

**Tehama Trail**

Farm trail featuring Tehama County wineries, olive oil, and produce

<http://tehamatrail.com/>