



News for School Communities

May 2014

Physical Activity Calendars

[MAY](#)

Click a photo to get the "Calendar".



The Healthy Students Initiative would like to share grant opportunities, local events, and resources you can use in your school or home.



FUNDING OPPORTUNITIES

* [Fuel Up to Play 60](#) is offering up to \$4,000 per year to qualifying K-12 schools! To receive funds for Fuel Up to Play 60, you will choose one Healthy Eating and one Physical Activity Play.

APPLICATIONS DUE:

June 4, 2014 and November 5, 2014

* [Good Sports](#) wants to help lay the foundation for healthy, active lifestyles by providing athletic equipment, footwear, and apparel to disadvantaged youth nationwide.

APPLICATIONS DUE: Ongoing



[Join](#) the international celebration where children, families, schools, and communities spend seven days turning OFF digital entertainment and turning ON life! See link for ideas on what to do instead of watching TV.

Join **Action for Healthy Kids** [webinars](#) to learn how you can make a difference at *your* school!

- How to Add More Activity into the School Day - **May 6th**
- School Meals: Challenges and Opportunities - **May 22nd**

RESOURCES

- Check out [*Let's Move! Gardening Guide*](#) for tips on planting your own garden. Get your kids involved! Growing your own fruits and vegetables is a great way to teach kids about where food comes from and incorporate fresh, healthy foods into your favorite family meals.